

St. Mark's Catholic Church

Rev. Msgr. Sean P. Flynn, Pastor Rev. José Fernandez-Bangueses, Resident Priest Deacon Michael Keary 215 Crescent Pkwy, Sea Girt, NJ 08750 • Phone 732-449-6364 • Web: www.stmarkseagirt.com



Rectory Hours Monday-Friday 9:00 AM to 3:00 PM

Weekend Masses Saturday 4:30 PM Sunday 8 AM, 10 AM, and 12 Noon 5PM in Spanish

Daily Masses

Holy Rosary and Divine Mercy Chaplet after Daily Masses Monday-Friday at 7:30 AM and 11 AM Saturday 7:30 AM Only (No 11 AM Mass on Saturdays) Tuesdays 6 PM Spanish Mass

Sacrament of Reconciliation Saturdays 3:30 PM to 4:15 PM and Thursdays after the 7:30 AM and 11 AM Masses

Devotions and Novenas Miraculous Medal Novena after daily Masses on Wednesdays Eucharistic Adoration on Fridays after 11 AM Mass. Benediction at 1:45 PM 1st Fridays Spanish Adoration beginning at 7 PM.



May 15, 2022

Monday: Acts 14:5-18; Ps 115:1-2, 3-4, 15-16; Jn 14:21-26 Tuesday: Acts 14:19-28; Ps 145:10-11, 12-13ab, 21; Jn 14:27-31a

Wednesday: Acts 15:1-6; Ps 122:1-2, 3-4ab, 4cd-5; Jn 15:1-8 Thursday: Acts 15:7-21; Ps 96:1-2a, 2b-3, 10; Jn 15:9-11 Friday: Acts 15:22-31; Ps 57:8-9, 10, 12; Jn 15:12-17 Saturday: Acts 16:1-10; Ps 100:1b-2, 3, 5; Jn 15:18-21 Sunday: Acts 15:1-2, 22-29; Ps 67:2-3, 5, 6, 8; Rev 21:10-14, 22 -23; Jn 14:23-29

If you are a parishioner who has not been able to attend Mass and would like to have a Eucharistic Minister bring Holy Communion to you, please contact **the Rectory**, **732-449-6364 x100**.



Please Note: Names will remain on the sick list read at mass for 4 weeks and then removed unless the requester calls to remain on the list for another 4 weeks. To ensure the consent of the person whose name appears here, the pastor's policy requires that only they or a family member may request a name be added to this list. Names will remain in the bulletin until the person or family request it be removed.

Joseph Keary, Bob Patrignelli, Kaitlin Wason, Tom Zarra, Baby Mac Simonson, Maria Schell, Gerry Barron, John Cinciarelli, Michael Sheridan, Erik Rofi, Virginia Meehan, Jim & Andrea Trischitta, Mary Jane Lorenzo, Erin Rubas, Dr. William Burns, Robert Czech, Janet Thomas, Edward Morea, Rosalie Renda, Alice Healy, Benjamin Ohlweiler, Jeremy Pavlick, Christine Frauenheim, Robert MacPherson, Jake Gilbert, Bill Lesniak, Jim Bogan, Bruce Bogan, Sr., Alexandra Gavilanes, Sarah Gallagher, Jimmy Azzollini, Vivian Wilson, Ken Hauck, Dorothy Waugh, Patricia Cavanaugh, Rose Courtney, Grace Philhower, Maria Valdez.

Eternal Rest grant onto them, O Lord, and let perpetual light shine upon them.

† Norah Bruther † Frank Gelormini, Jr.

Please remember in your prayers those of our diocese, parish, friends, and family members who have recently died.

May the angels lead you into paradise

St. Mark's Bereavement Ministry

Our Bereavement Ministry helps those who are grieving the loss of a loved one during their most difficult times. They meet on Wednesdays at 11 AM at St. Mark's.

Please call Sue Nolan at 718-637-1162 for more information. All are welcome!

Thank You! We are so grateful to all those who financially sacrifice each week to support our parish and it's ministries!



We would especially like to thank all

of those who faithfully use their weekly parish contribution envelopes and those who give online through the Parish Giving Program.

May 8, 2022 Sunday Collection Total \$12,430.

Fifth Sunday of Easter Lectionary: 54

May 15

Reading I

Acts 14:21-27

After Paul and Barnabas had proclaimed the good news to that city and made a considerable number of disciples, they returned to Lystra and to Iconium and to Antioch. They strengthened the spirits of the disciples and exhorted them to persevere in the faith, saying, "It is necessary for us to undergo many hardships to enter the kingdom of God." They appointed elders for them in each church and, with prayer and fasting, commended them to the Lord in whom they had put their faith. Then they traveled through Pisidia and reached Pamphylia. After proclaiming the word at Perga they went down to Attalia. From there they sailed to Antioch, where they had been commended to the grace of God for the work they had now accomplished. And when they arrived, they called the church together and reported what God had done with them and how he had opened the door of faith to the Gentiles.

Responsorial Psalm Ps 145:8-9, 10-11, 12-13 R (cf. 1) I will praise your name for ever, my king and my God. or:

R Alleluia.

The LORD is gracious and merciful,

slow to anger and of great kindness. The LORD is good to all

and compassionate toward all his works. R I will praise your name for ever, my king and my God.

or: R Alleluia.

Let all your works give you thanks, O LORD, and let your faithful ones bless you.

Let them discourse of the glory of your kingdom and speak of your might.

R I will praise your name for ever, my king and my God.

or:

R Alleluia.

Let them make known your might to the children of Adam,

and the glorious splendor of your kingdom. Your kingdom is a kingdom for all ages,

and your dominion endures through all generations.

R I will praise your name for ever, my king and my God.

or:

OIPPC

R Alleluia.

Reading II

<u>Rev 21:1-5a</u>

Then I, John, saw a new heaven and a new earth. The former heaven and the former earth had passed away, and the sea was no more. I also saw the holy city, a new Jerusalem, coming down out of heaven from God, prepared as a bride adorned for her husband. I heard a loud voice from the throne saying, "Behold, God's dwelling is with the human race. He will dwell with them and they will be his people and God himself will always be with them as their God. He will wipe every tear from their eyes, and there shall be no more death or mourning, wailing or pain, for the old order has passed away."

The One who sat on the throne said, "Behold, I make all things new."

Alleluia

<u>Jn 13:34</u>

R. Alleluia, alleluia.I give you a new commandment, says the Lord: love one another as I have loved you.R. Alleluia, alleluia.

Gospel

<u>Jn 13:31-33a, 34-35</u>

When Judas had left them, Jesus said, "Now is the Son of Man glorified, and God is glorified in him. If God is glorified in him, God will also glorify him in himself, and God will glorify him at once. My children, I will be with you only a little while longer. I give you a new commandment: love one another. As I have loved you, so you also should love one another. This is how all will know that you are my disciples, if you have love for one another."

† This Week's Mass Intentions

Monday, May 16

7:30 AM ⁺ Joe Rabadean by Stan and Lorraine Ciemnieck 11:00 AM ⁺ Marge & Joe Tantullo by Peggy Whelan ⁺ Lenardo Savino by Doster Family ⁺ Bill Brown by Peggy & Jim O'Brien

Tuesday, May 17

7:30 AM [†] Eileen Halley by Friend 11:00 AM [†] Francis Hayes, Jr. by Family [†] John Balzano by Yvette Balzano & Family

† George A. Taylor by Mr. & Mrs. Anthony P. Randazzo, Jr.

Wednesday, May 18

7:30 AM [†] Ryan Hoblitzell by Carol Hoblitzell [†] Ron Catlin by Saint Mark's Parish Family

11:00 AM + Joseph Garrett by Elaine Dompieri + Karla Blouin by Dennis & Denise Tonry + Debra Cappock-Clegg by Pat Kelly & Family

Thursday, May 19

7:30 PM + Phyllis Blaine by Estate 11:00 AM + Gaetano Virdo by Bertucci Family + Eileen Cunningham by Jack O'Callaghan + Anne Donlon by Michael Casey



Easter Flower Donations

In Memory/Honor Of:

Nancy & George Allgor requested by Allgor Family O'Neil Family requested by Carlo Family

Friday, May 20

7:30 AM + Julie Lamonica by Todd & Jamie Leonhardt + Jack Jurczyk by the Family 11:00 AM + Frances Dougherty by Chris and Charlotte Moscardelli + Margaret Jones by Peggy & Jim O'Brien

Saturday, May 21

7:30 AM

+ Vera Oblazney by Robert & Rose Ann Ferguson
+ Joseph DelRosario by Donna Bailey
+ Henry Trutneff by Joan & Jon Trutneff

4:30 PM † Aubrey Doyle by Sara Lynch

+ William Clemens by Beth & Chloe Benson
 + Mary Ann McCormack by Kathy and Bob Flammer

Sunday, May 22

8:00 AM + Betty Lou Stypa by Sara Lynch + Tom Keane by Irene and Leo Hurley + Richard Russonello by Dr. & Mrs. Robert Belott 10:00 AM

Stephen Joseph Bohacik by Family
 Suzanne Smith by Sally Schuren
 Alfred DeAntonio by DeAntonio Family

12 Noon

People of the Parish 5:00 PM

+ William Howe by Roger Howe and Juana Zaragoza

Parish Mission Statement

We, the Parish Family of St. Mark's in our quest to follow the Gospel of Jesus Christ, are building a faithbased community that assists all people in life's journey to be open to God's love and to share His joy. We are further **committed to address the spiritual, physical, emotional and social needs of all people through service to individuals,** families, parish and the greater community. As responsible stewards using our individual gifts, we promise to celebrate, renew and strengthen our faith, and to live our lives as a reflection of Christ's love for others. St. Mark's is designated as a Center for Hispanic Ministry in the Diocese of Trenton.

Next Weekend's Minister Schedule May 21/22, 2022				
	Saturday 4:30 PM	Sunday 8:00 AM	Sunday 10:00 AM	Sunday 12 Noon
Readers	Tom Malloy	Rose Crimmins	Todd Leonhardt	Bob Cicenia
Eucharistic Ministers	Pat Holt Lynn Jelliff	Dan Crimmins Pam Zusi	Jim Sheridan Marianne Sheridan	Marge Loenser Nancy Schatzman
Ushers	Joe Walsh Walter Henry Anthony Granato	Bob O'Neill, Leo Hurley, Pat Ahern,Glenn Skola	Rich Siderko	Howard Flood Richard DeGroote

MPORTANT DATES TO REMEMBER!

May 28/29 Second collection this weekend is for Catholic Communication Campaign. Thank you for your generosity!

Sunday, May 29th The Ascension of the Lord. Masses are 8AM, 10 AM & 12 Noon. Mass in Spanish at 5 PM.

Monday, May 30th Happy Memorial Day! Rectory office will be closed.

BULLETINS: Please submit all bulletin announcements by **Monday before 2 PM.**

Bulletin drafts are submitted to Msgr. Flynn for review. Email submissions to **cindy@stmarkseagirt.com.**

THE SOLEMNITY OF THE ASCENSION Sunday, May 29, 2022



The liturgical observance of the Solemnity of the Ascension of the Lord has been transferred from Thursday, May 26, 2022 to the following Sunday, **May 29, 2022** in all the dioceses of New Jersey. This feast will now be permanently celebrated on the Seventh Sunday of Easter.

WORD OF LIFE May 15, 2022

"Everyone is in need of reassurance, and if we, who have touched 'the Word of life' (1 Jn 1:1) do not give it, who will? How beautiful it is to be Christians who offer consolation, who bear the burdens of others and who offer encouragement: messengers of life in a time of death!"

Pope Francis, 2020 Easter Vigil Homily © 2020 Libreria Editricea Vaticana. Used with permission. All rights reserved.

VISIT OUR WEBSITES: dioceseoftrenton.org/respectlife-ministry USCCB: respectlife.org.

Eucharistic Devotion

The importance of Eucharistic Adoration is shown in the fact that the Church has a ritual that regulates it: the Rite of Eucharistic Exposition and Benediction. This is an extension of the adoration of the Blessed Sacrament which occurs in every Mass: "Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb." Exposition of the Blessed Sacrament



flows from the sacrifice of the Mass and serves to deepen our hunger for Communion with Christ and the rest of the Church. The Rite concludes with the ordained minister blessing the faithful with the Blessed Sacrament.

Please join us on Friday's immediately after the 11 AM Mass for Adoration. Benediction begins at 1:45 PM. It will also be broadcast on livestream @ stmarkseagirt.com. Come spend some quiet time with the Lord.

Northern New Jersey Alcoholics Anonymous provides information on AA as a resource for anyone who thinks they may have drinking problem, as well as to answer any questions that professionals or community members may have about Alcoholics Anonymous. Please visit **www.nnjaa.org** for more information. First Communion May 7, 2022



Jane Carrígan Vivian Collins Michael Colubiale Nicholas Kennedy William Kohl James Kurack Logan Lane Olivia Matunas Addison Melillo Bennet Morrow John Mulvaney Bryce Nitche Nora O'Toole Mia Pollock Alexa Quesada Patrick Reid Jayden Reyes Fe Rojas Jack Stevens Elíza Sulewska Hannah Uliano Jack (Iliano Emily Weckesser







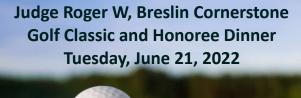














Immaculate Conception Seminary School of Theology, Seton Hall University presents the Judge Roger W, Breslin Cornerstone Golf Classic and Honoree Dinner at Cedar Hill Country Club, Livingston, New Jersey on Tuesday, June 21, 2022, honoring Dianne Traflet, Associate Dean for Graduate Studies and Administration. The Breslin Fund for Seminarian Aid was established in 1980 by its founder, the Honorable Roger W. Breslin, Sr. and has raised over \$1.5 million, enabling the fund to provide for the needs of seminarians. as they prepare for the priesthood. Golf Package for this event \$450; Reception and Honoree Dinner \$200. Journal Advertising and Raffle Tickets available as well.

For further information, please contact Michael Burt at michael.burt@shu.edu by June 3,2022.

Feeding the Hungry



Frozen Meals Program Resumes!

Are you looking for an easy way to help those in need? Here's one way you can make a difference. St. Mark's Social Concerns Ministry is resuming the Frozen Meals Program for the Center in Asbury Park which was discontinued due to the Covid pandemic. The Center in Asbury Park, Inc., is a volunteer-based New Jersey notfor-profit service organization, providing support services for people living with HIV/AIDS and their caregivers since 1992.

The process is simple! Here's what to do:

• Pick up food trays and lids next to the kitchen refrigerator in Fr. Child's Hall (St. Mark's Church basement)

• Fill the trays with generous portions of food

• Label the tray lids with the contents and date of preparation

• Return the meals to the freezer compartment of the refrigerator in Fr. Child's Hall.

Please use only the trays provided.

St Mark's volunteers will deliver the meals to The Center for distribution to their clients.

Please contact Marybeth or Joe Walsh at 732 449-5656 with any questions. Your participation is greatly appreciated.

CYO NEWS by Mary Reilly



This Sunday at 6:30 PM we will have our ice cream party and a sendoff to our beloved seniors. We will provide the ice cream and drinks. If anyone wishes to bring a special ice cream topping or a dessert, it would be most appreciated and enjoyed!!!!!! If the weather is good, please bring a yard game!!!!!! Please sign up ASAP for the Emily Walker Memorial Day Walk for Hunger. We have added another charity(Ukrainian relief efforts) to our recipients of our donations. And once again St. Mark's Social Concerns Committee is sponsoring our tee shirts! Now all we need is your participation and great weather. Many thanks and God bless you all.

Saint Mark's CYO and Friends Presents:



Emily Walker Memorial Day Walk for Hunger

Monday, May 30th at 7:00 AM Meet at the North End Pavilion in Spring Lake Collect \$5 from 5 people (\$25 total)

All proceeds go to Manasquan Food Pantry, Fulfill, Missionaries of Charity Meals for the Homeless, Jersey Shore Rescue Mission and Ukrainian Relief efforts.

Permission slips are required for CYO members.

Contact Mary Reilly: mary33angels@aol.com or Jonathan Caputo: 19jcaputo@gmail.com to sign up.

Donations may also be made out to and mailed to "St. Mark's" attention: CYO Walk for Hunger.

We hope to see you there!

If inclement weather is expected, the event will be moved to May29th.



Mary's Child Pro-Life Ministry







<u>Updated</u> Donations needed for the Mercy Center

Bins for Mercy Center donations have once again been placed at both entrances to the church. Items most urgently needed at this time are the following:

Canned fruit • Cereal • White rice Coffee • Powdered or shelf stable milk Maple syrup • Toilet paper Spaghetti sauce • Ketchup/mayo/mustard Dried beans • Laundry detergent

Thank you for your generosity.

Catholic Charities News

Catholic Charities, Diocese of Trenton and Recycle-America have joined forces to provide a new service. Now, some one will come to your door to collect your clothing and shoes. All items will be donated to those in need in our local community. Pickups in Monmouth County are made on Wednesdays. To schedule a pickup, please call 609-906-0004 or email racworld2015@gmail.com. Please call or email three days prior to pick up day. Thank you.

Catholic Charities provides assistance with food, housing, drug addiction, domestic violence, and immigration services.

If you know a parishioner needing help, please contact us at www.catholiccharitiestrenton.org or call 800-360-7711.

A Priestly Vocation Discernment BBQ will take place Wednesday, June 29th on the grounds of St. John the Baptist Parish, 1282 Yardville-Allentown Road, Allentown.

The event will begin with a 4:30 p.m. Mass celebrated by Bishop David M. O'Connell, C.M., in the church followed by an outdoor BBQ, with games, activities, food and discussion. The aim of the event is to make contact with potential new discerners, ages 15-40 as well as foster community among the Diocese's current discerners.

While everyone is not yet able to participate in person at Masses, you can watch them online by visiting our parish website: <u>Saint Mark's Catholic</u> <u>Church – 215 Crescent Pkwy, Sea Girt, New Jersey</u> <u>08750 (stmarkseagirt.com)</u> and click on the Livestream logo or highlight the link below then right click and click open Hyperlink <u>St. Mark Church</u> <u>Streaming Player | Powered by StreamSpot</u>.





MEALS ••• WHEELS MONMOUTH COUNTY

TOGETHER, WE CAN DELIVER.

Homebound seniors can remain comfortably at home with the dignity of independence and the security of having someone visit once a day with a nutritious meal. Also, the warm smile of one of our wonderful volunteers or caring meals-on-wheels drivers is important to them and often serves as a wellness check.

If you would like more information, please call Meals on Wheels 732-502-3277 or Barbara Anderson 848-444-3123.

9-Day Pilgrimage to the Catholic Shrines of Ireland September 20-28, 2022. Spiritual Director: Rev. Christopher Dayton Parochial Vicar, Church of St. Rose, Belmar.

Join this beautiful 9 day pilgrimage visiting the Catholic Shrines of Ireland. Benefit from daily Mass, companionship with fellow travelers, and the safer and ease of group travel! Pilgrimage Price \$3,660 per person in double occupancy. Includes: round-trip air from Newark (EWR). accommodations, all breakfasts and dinners, private motorcoach transportation, and services of a professional Christian tour guide. Space is limited. Call today! For more information please contact Carolyn Norbut: Cell (732)-216-8073 / Email: CarolynNorbut@DISCIPLES.COM To Register, please contact: (201) 523-6148 or visit www.The-Catholic-Journey.com/0922Ireland.



The Upper Room is a UPPER ROOM spiritual and educational Spiritual Center center rooted Center for Companioning Others contemplative and holistic

approach that supports and nourishes the spiritual growth of laity, religious, and clergy. Sponsored by the Diocese of Trenton, the Upper Room serves women and men within and outside the diocese through on-site and outreach programs. The For information on programs, please visit www.theupper-room.org or e-mail: office@theupper-room.org.

Offerings at Francis House of Prayer

Spiritual direction, a one-on-one conversation with a spiritual director about God in your life, is always available. We offer the Spiritual Exercises of St. Ignatius on a and weekly basis. monthly manv



in

opportunities to learn and practice contemplative prayer, reading programs on St. John of the Cross and other Carmelite Saints, and contemporary writers such as James Martin, Thomas Keating, Richard Rohr, Thomas Merton and special one-time programs. **Trenton Diocesan** Spiritual Center and Retreat House 609-877-0509 or FHOP@verizon.net.

Please check or click on www.FHOP.org for programs and registration.



The Bible as Literature

This class is offered for 8 sessions, beginning Tuesday, April 26th from 9:30 AM - 10:45 AM.

This will not be a lecture, we will all share our ideas, opinions, and questions.

Both the Old and New Testaments will be covered in the following books: Proverbs, Isaiah, Psalms, Song of Songs. Also, the Gospel of Luke, the Letters of Paul and John, and sections of the Book of Revelation.

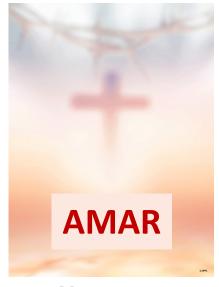
The instructor will be John Snyder, Ph.D., who taught literature at The City University of New York for 32 years. After retirement, he was a volunteer instructor, teaching senior citizens at The Life Long Learning Institute at the University of Delaware.

Class will be held in Fr. Child's Hall, if you have Bible, please bring it with you. I will be using the Oxford Study Bible.

Come join us. All are welcome!



Msgr. Sean P. Flynn, Pastor Rev. José Fernandez-Bangueses, Sacerdote Residente <u>josefernandez@stmarkseagirt.com</u> Teléfono: 732 449-6364 ext. 122 Apostolado Hispano Horario de oficina en Español: Lunes, Miércoles & Viernes 9:00 A.M. - 3:00 P.M. <u>spanishministry@stmarkseagirt.com</u> Oficina: 732 449-6364 ext. 104 Fax: 732 449-1646 Directora del Ministerio de Religion Diana Zuna Nieves <u>diana@stmarkseagirt.com</u> Teléfono: 732 449-6364 ext. 105



Mayo 15, 2022 Quinto Domingo de Pascua

Primera Lectura: Hch 14, 21b-27.

En aquellos días, volvieron Pablo y Bernabé a Listra, Iconio y Antioquía, y ahí animaban a los discípulos y los exhortaban a perseverar en la fe, diciéndoles que hay que pasar por muchas tribulaciones para entrar en el Reino de Dios. En cada comunidad designaban presbíteros, y con oraciones y ayunos los encomendaban al Señor, en quien habían creído.

Atravesaron luego Pisidia y llegaron a Panfilia; predicaron en Perge y llegaron a Atalía. De ahí se embarcaron para Antioquía, de donde habían salido, con la gracia de Dios, para la misión que acababan de cumplir. Al llegar, reunieron a la comunidad y les contaron lo que había hecho Dios por medio de ellos y cómo les había abierto a los paganos las puertas de la fe.

Salmo Responsorial: Salmo 144, 8-9. 10-11. 12-13ab

Bendeciré al Señor eternamente. Aleluya.

El Señor es compasivo y misericordioso, lento para enojarse y generoso para perdonar.

Bueno es el Señor para con todos y su amor se extiende a todas sus creaturas.

Bendeciré al Señor eternamente. Aleluya.

Que te alaben, Señor, todas tus obras y que todos tus fieles

te bendigan.

Que proclamen la gloria de tu reino Y den a conocer tus maravillas.

Bendeciré al Señor eternamente. Aleluya.

Que muestren a los hombres tus proezas, el esplendor y la gloria de tu reino.

Tu reino, Señor, es para siempre, y tu imperio, por todos las generaciones.

Bendeciré al Señor eternamente. Aleluya.

Segunda Lectura: Apoc. 21, 1-5ª.

Yo, Juan, vi un cielo nuevo y una tierra nueva, porque el primer cielo y la primera tierra habían desaparecido y el mar ya no existía. También vi que descendía del cielo, desde donde está Dios, la ciudad santa, la nueva Jerusalén, engalanada como una novia, que va a desposarse con su prometido. Oí una gran voz, que venía del cielo, que decía: "Ésta es la morada de Dios con los hombres; vivirá con ellos como su Dios y ellos serán su pueblo.

Dios les enjugará todas sus lágrimas y ya no habrá muerte ni duelo, ni penas ni llantos,

porque ya todo lo antiguo terminó". Entonces el que estaba sentado en el trono, dijo: "Ahora yo voy a hacer nuevas todas las cosas".

Aclamación antes del Evangelio: Jn 13, 34.

R. Aleluya, aleluya.

Les doy un mandamiento nuevo, dice el Señor, que se amen los unos a los otros, como yo los he amado. R. Aleluya.

Evangelio: Jn 13, 31-33a. 34-35.

Cuando Judas salió del cenáculo, Jesús dijo: "Ahora ha sido glorificado el Hijo del hombre y Dios ha sido glorificado en él. Si Dios ha sido glorificado en él, también Dios lo glorificará en sí mismo y pronto lo glorificará. Hijitos, todavía estaré un poco con ustedes. Les doy un mandamiento nuevo: que se amen los unos a los otros, como yo los he amado; y por este amor reconocerán todos que ustedes son mis discípulos".

Mí Prímera Comunión Mayo 7, 2022



Emerson Argueta Nicte Cisneros Marijose Cholula German Cruz Aldo Esparza Marjorie Garcia Ashley Guerra Aline Hernandez Gabriela Hernandez Kaylee Hernandez Kristin Hernandez Robert Luna Aidee Morocho Kenía Morocho F than Orta Adriel Ramirez Gustavo Ramírez Jesus Ramírez Nicole Sánchez Joelly (Irbano







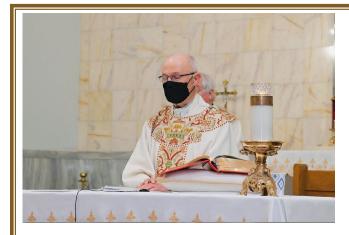














CONVERSACIONES COMUNITARIAS:

Vna Health Group Ocean Monmouth 🚓 Health Alliance

Manejo del Estrés y La Ansiedad

18 de Mayo 2022 6:00 - 7:00pm

Presentado por

Adelaida Salmeron-Augello, LPC Consejera de Salud Mental, Mental Health Association of Monmouth County

Únase a nosotros para obtener más información sobre el manejo de la ansiedad y el estrés durante COVID 19 con la Consejera Profesional Licenciada, Adelaida Salmeron-Augello.

Ella compartirá los hechos y los mitos sobre la salud mental, así como herramientas importantes para manejarla mejor.

Escanear para registrarse



E-Mail O puede

Dylan.Reitsma@vnahg.org Daiana.Rios@vnahg.org

Children & Family Health Institute





¿Necesitas **Transporte?**



La coalición Ocean Monmouth Health Alliance (OMHA), y la detección temprana del cáncer de NJCEED (por

TRANSPORTE ES DISPONIBLE PARA LOS RESIDENTES DE LOS CONDADOS DE MONMOUTH Y **OCEAN QUE NECESITAN**

Exámenes de detección de cáncer y servicios de diagnóstico

sus siglas en inglés) les puede ayudar.

Para programar su viaje y obtener más información sobre la elegibilidad, omuníquese con Daiana Rios daiana.rios@vnahg.org o llame al 908-601-5071 Servicios a los

sobrevivientes

del cáncer

Servicios de salud y bienestar (Estos viajes incluyen transporte a citas de médico, y al supermercado.)

*Debe cumplir con los requisitos de elegibilidad Los fondos para la iniciativa son proporcionados generosamente por el Departamento de Salud de NJ - Oficina de Control y Prevención del Cáncer

NJHealth OCEAN MONMOUTH

