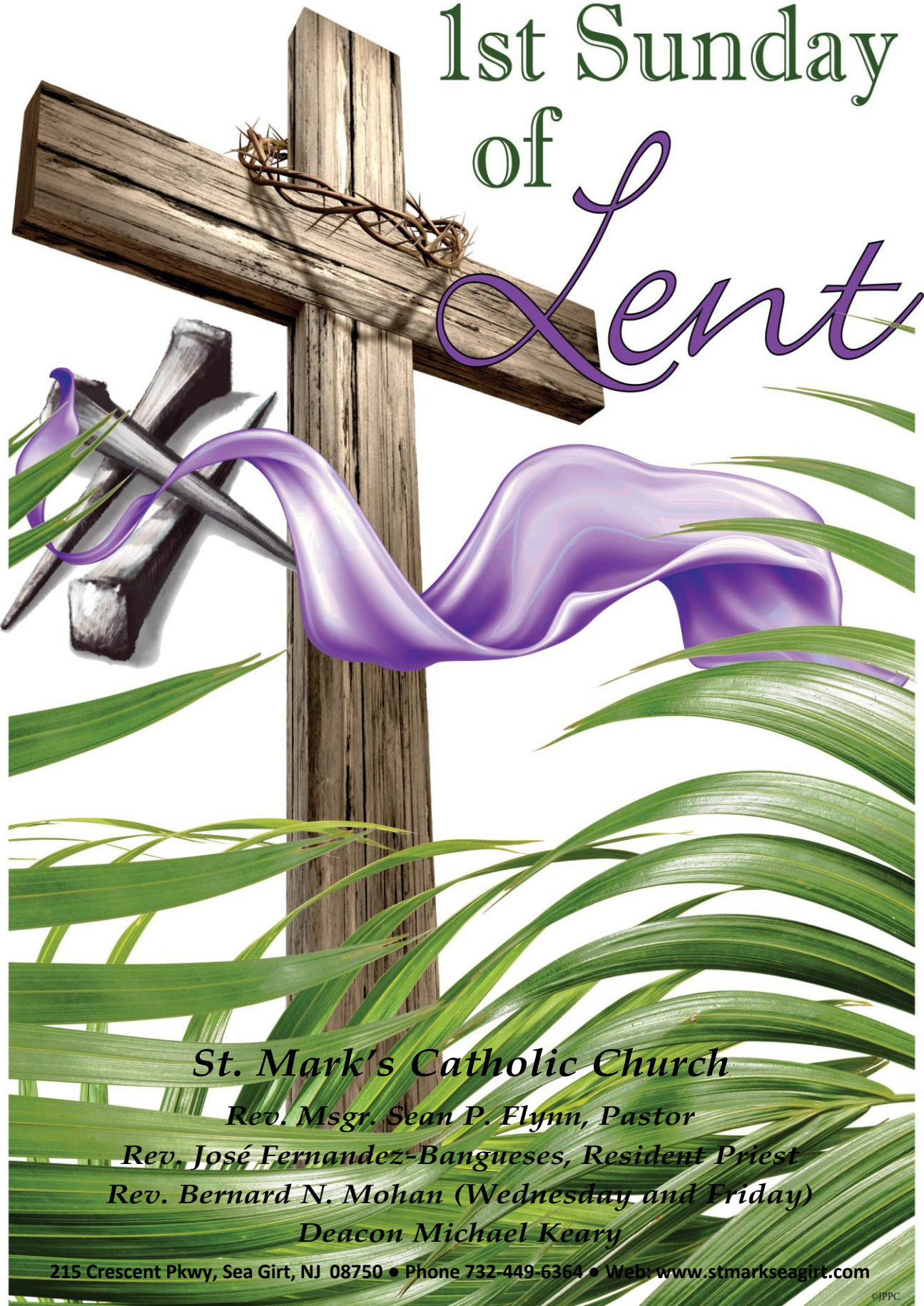


March 6, 2022

1st Sunday of *Lent*



St. Mark's Catholic Church

Rev. Msgr. Sean P. Flynn, Pastor

Rev. José Fernandez-Bangueses, Resident Priest

Rev. Bernard N. Mohan (Wednesday and Friday)

Deacon Michael Keary

215 Crescent Pkwy, Sea Girt, NJ 08750 • Phone 732-449-6364 • Web: www.stmarkseagirt.com



Rectory Hours

Monday-Friday 9:00 AM to 3:00 PM

Weekend Masses

Saturday 4:30 PM

Sunday 8 AM, 10 AM, and 12 Noon
5PM in Spanish

Daily Masses

Holy Rosary and Divine Mercy Chaplet after Daily Masses

Monday-Friday at 7:30 AM and 11 AM
Saturday 7:30 AM Only (No 11 AM Mass)
Tuesdays 6 PM Spanish Mass

Sacrament of Reconciliation

Saturdays 3:30 PM to 4:15 PM and
Thursdays after the 7:30 AM and 11 AM Masses

Devotions and Novenas

Miraculous Medal Novena after daily Masses on Wednesdays

Eucharistic Adoration on Fridays after 11 AM Mass.

Benediction at 1:45 PM

1st Fridays Spanish Adoration beginning at 7 PM.

Pray FOR THE SICK

Please Note: New Policy for the Pray for our Sick. Names will remain on the sick list read at mass for 4 weeks and then removed unless the requester calls to remain on the list for another 4 weeks. To ensure the consent of the person whose name appears here, the pastor's policy requires that only they or a family member may request a name be added to this list. Names will remain in the bulletin until the person or family request it be removed.

Baby Mac Simonson, Maria Schell, Frank Gelormini, Jr., Dr. Ray Hanbury, Gerry Barron, John Cinciarelli, Michael Sheridan, Lillian Connell, Erik Rofi, Virginia Meehan, Jim & Andrea Trischitta, Mary Jane Lorenzo, Erin Rubas, Dr. William Burns, Robert Czech, Janet Thomas, Edward Morea, Rosalie Renda, Alice Healy, Benjamin Ohlweiler, Jeremy Pavlick, Lucy Gargano, Christine Frauenheim, Robert MacPherson, Jake Gilbert, Bill Lesniak, Jim Bogan, Bruce Bogan, Sr., Alexandra Gavilanes, Sarah Gallagher, Jimmy Azzollini, Vivian Wilson, Ken Hauck, Dorothy Waugh, Patricia Cavanaugh, Rose Courtney, Grace Philhower, Maria Valdez.

Eternal Rest grant onto them, O Lord, and
let perpetual light shine upon them.

Please remember in your prayers those of our diocese, parish, friends, and family members who have recently died.

† Frank & Margaret Walsh

† Sean M. Sullivan

May the angels lead you into paradise...



March 6, 2022

Monday: Lv 19:1-2, 11-18; Ps 19:8, 9, 10, 15; Mt 25:31-46

Tuesday: Is 55:10-11; Ps 34:4-5, 6-7, 16-17, 18-19; Mt 6:7-15

Wednesday: Jon 3:1-10; Ps 51:3-4, 12-13, 18-19; Lk 11:29-32

Thursday: Est C:12, 14-16, 23-25; Ps 138:1-2ab, 2cde-3, 7c-8; Mt 7:7-12

Friday: Ez 18:21-28; Ps 130:1-2, 3-4, 5-7a, 7bc-8; Mt 5:20-26

Saturday: Dt 26:16-19; Ps 119:1-2, 4-5, 7-8; Mt 5:43-48

Sunday: Gn 15:5-12, 17-18; Ps 27:1, 7-8, 8-9, 13-14;

Phil 3:17—4:1 or 3:20—4:1; Lk 9:28b-36

If you know someone who doesn't have access to the internet and would like a copy of the bulletin, please call the Rectory at 732-449-6364.

St. Mark's Bereavement Ministry

Our Bereavement Ministry helps those who are grieving the loss of a loved one during their most difficult times. They meet on Wednesdays at 11 AM at St. Mark's.

Please call Sue Nolan at 718-637-1162 for more information. All are welcome!

Thank You! We are so grateful to all those who financially sacrifice each week to support our parish and its ministries!

We would especially like to thank all of those who faithfully use their weekly parish contribution envelopes and those who give online through the Parish Giving Program.



February 27, 2022 collection amount \$9,729.



First Sunday of Lent

Lectionary: 24

Reading I Dt 26:4-10

Moses spoke to the people, saying:

“The priest shall receive the basket from you and shall set it in front of the altar of the LORD, your God. Then you shall declare before the Lord, your God, ‘My father was a wandering Aramean who went down to Egypt with a small household and lived there as an alien. But there he became a nation great, strong, and numerous.

When the Egyptians maltreated and oppressed us, imposing hard labor upon us, we cried to the LORD, the God of our fathers, and he heard our cry and saw our affliction, our toil, and our oppression. He brought us out of Egypt with his strong hand and outstretched arm, with terrifying power, with signs and wonders; and bringing us into this country, he gave us this land flowing with milk and honey. Therefore, I have now brought you the first fruits of the products of the soil which you, O LORD, have given me.’

And having set them before the LORD, your God, you shall bow down in his presence.”

Ps 91:1-2, 10-11, 12-13, 14-15.

R. (cf. 15b) Be with me, Lord, when I am in trouble. You who dwell in the shelter of the Most High, who abide in the shadow of the Almighty, say to the LORD, “My refuge and fortress, my God in whom I trust.”

R. Be with me, Lord, when I am in trouble. No evil shall befall you, nor shall affliction come near your tent, For to his angels he has given command about you, that they guard you in all your ways. R. Be with me, Lord, when I am in trouble. Upon their hands they shall bear you up, lest you dash your foot against a stone. You shall tread upon the asp and the viper; you shall trample down the lion and the dragon. R. Be with me, Lord, when I am in trouble. Because he clings to me, I will deliver him; I will set him on high because he acknowledges my name.

He shall call upon me, and I will answer him;

I will be with him in distress; I will deliver him and glorify him.

R. Be with me, Lord, when I am in trouble.

Reading II Rom 10:8-13

Brothers and sisters:

What does Scripture say?

The word is near you,

in your mouth and in your heart

—that is, the word of faith that we preach—,

for, if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved.

For one believes with the heart and so is justified, and one confesses with the mouth and so is saved.

For the Scripture says,

No one who believes in him will be put to shame.

For there is no distinction between Jew and Greek; the same Lord is Lord of all, enriching all who call upon him.

For “everyone who calls on the name of the Lord will be saved.”

Verse Before the Gospel Mt 4:4b

One does not live on bread alone, but on every word that comes forth from the mouth of God.

Gospel Lk 4:1-13

Filled with the Holy Spirit, Jesus returned from the Jordan and was led by the Spirit into the desert for forty days, to be tempted by the devil.

He ate nothing during those days, and when they were over he was hungry.

The devil said to him, “If you are the Son of God, command this stone to become bread.”

Jesus answered him, “It is written, *One does not live on bread alone.*”

Then he took him up and showed him all the kingdoms of the world in a single instant.

The devil said to him, “I shall give to you all this power and glory; for it has been handed over to me, and I may give it to whomever I wish.

All this will be yours, if you worship me.”

Jesus said to him in reply, “It is written

You shall worship the Lord, your God, and him alone shall you serve.”

Then he led him to Jerusalem, made him stand on the parapet of the temple, and said to him, “If you are the Son of God, throw yourself down from here, for it is written:

He will command his angels concerning you, to guard you, and:

With their hands they will support you, lest you dash your foot against a stone.”

Jesus said to him in reply, “It also says,

You shall not put the Lord, your God, to the test.”

When the devil had finished every temptation, he departed from him for a time.

† This Week's Mass Intentions

Monday, March 7

7:30 AM

- † Deceased Members St. Mark's Holy Name
- † Jack Duffy by Mark and Connie Duffy

11:00 AM

Living & Deceased Members of St. Mark's Altar Rosary

Tuesday, March 8

7:30 AM

Bennett- Bailey Family by Friend

11:00 AM

Living & Deceased Members of St. Mark's Social Concerns

Wednesday, March 9

7:30 AM

- † Lorette Jordan by Estate

11:00 AM

- † Georgette Gabriel by Pat Langell
- † Domenica Pagnotta by Bertucci Family

Thursday, March 10

7:30 AM

- † Anne Macenczak by Estate
- † Anthony Donatelli by Family
- † Helen Albin by Kathleen and Tom Albin

11:00 AM

- † Frances Dougherty by Mark and Connie Duffy

Friday, March 11

7:30 AM

- † Dorothy Wright by Family
- † Dr. Joseph P. Kane by The Family of Dr. Joseph P. & Barbara Kane

11:00 AM

- Butler- O'Meara Family by Friend
- † John J. Byrne, 14th Anniversary by Adele Byrne & Family
- † Bonnie McGonegle by Jim McGonegle

Saturday, March 12

7:30 AM

- † John Richard Rex by Alanna Cosgrove

4:30 PM

- † Robert Savage by Sara Lynch
- † Ruth Lucian by Maureen Machirella

Sunday, March 13

8:00 AM

People of the Parish

10:00 AM

- † Deceased Members of the Ghilardi Family by Azzollini/ Doster Family
- † Cliff Syby 20th Anniversary by Family
- Mrs. Judy Jaeger, Special Intention

12 Noon

- † Suzanne Smith by Carol Rizzi
- † Frances Dougherty by Betsy Smith
- † Mary J. Flynn by Jerry Flynn

5:00 PM

- † Ismael Alejandrez by Alvarado Family
- † William Arthur Howe by Juana Zaragoza
- † Alba Rosa Rodriguez by Martha Edilma Granda



What does

LOVE

have to do with it...

everything!

Annual Catholic Appeal

CLICK HERE!

Visit: <https://dioceseoftrenton.org/catholicappeal>



2022 ANNUAL CATHOLIC APPEAL

Next Weekend's Ministry Schedule March 12/13, 2022

	Saturday 4:30 PM	Sunday 8:00 AM	Sunday 10:00 AM	Sunday 12 Noon
Reader	Volunteer Needed	Rose Crimmins	Robert Cavazini	Jim Mulvihill
Eucharistic Ministers	Maria Checton Lynn Jelliff	Dan Crimmins Pam Zusi	Jim Sheridan Marianne Sheridan	Marge Loenser Bob Cicenía
Ushers	Joe Walsh, Walter Henry, Anthony Granato	Bob O'Neill, Leo Hurley, Pat Ahern, Glenn Skola	Rich Siderko	Jim Mulvihill Howard Flood Richard DeGroote



IMPORTANT DATES TO REMEMBER!

March 7

Altar Rosary Society Meeting & Luncheon 11 AM.

March 13

Daylight Savings Time begins.

March 26/27

2nd collection is for Catholic Relief Services



St. Marks Altar Rosary Society will meet Monday, March 7th at the 11 AM Mass. The Rosary will be recited after mass and luncheon will follow afterwards.

Any questions, please email Loretta at altarrosary1@stmarkseagirt.com or Adele at altarrosary@stmarkseagirt.com.



STATIONS of the CROSS

Stations of the Cross will take place after the 11 AM Mass on Fridays during Lent. The Rosary will be recited before the Mass.

BULLETINS: Please submit all bulletin announcements by Monday before 2 PM.

Bulletin drafts are submitted to Msgr. Flynn for review. Email submissions to cindy@stmarkseagirt.com.



Eucharistic Devotion

The importance of Eucharistic Adoration is shown in the fact that the Church has a ritual that regulates it: the Rite of Eucharistic Exposition and Benediction. This is an extension of the adoration of the Blessed Sacrament which occurs in every Mass:

"Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb." Exposition of the Blessed Sacrament flows from the sacrifice of the Mass and serves to deepen our hunger for Communion with Christ and the rest of the Church. The Rite concludes with the ordained minister blessing the faithful with the Blessed Sacrament.

Please join us on Friday's immediately after the 11 AM Mass for Adoration. Benediction begins at 1:45 PM. It will also be broadcast on livestream @ stmarkseagirt.com. Come spend some quiet time with the Lord.

WORD OF LIFE

March 6, 2022

The Gospel of Life is "meant to be a precise and vigorous reaffirmation of the value of human life and its inviolability, and at the same time a pressing appeal addressed to each and every person, in the name of God: respect, protect, love and serve life, every human life! Only in this direction will you find justice, development, true freedom, peace and happiness!"

VISIT OUR WEBSITES: dioceseoftrenton.org/respect-life-ministry USCCB: respectlife.org.

St. Joseph Adoption Novena

March 10-18

*Praying For All
Who Travel
Upon the Path
of Adoption*



respectlife.org/adoption-novena

Artwork Courtesy National Gallery of Art, Washington. Copyright © 2019, United States Conference of Catholic Bishops, Washington, DC. All rights reserved.

CYO News!



Thank you, Karen Pierce, for your enlightening talk with our CYO last Sunday about the dangers of alcohol and drugs. It was an interesting contrast as a “starting up Lent” discussion because Jesus was in the desert for 40 Days denying Himself of food and everything else the devil was tempting Him with...and then through our two plays we saw teenagers also under the influence of the devil...but less able to resist him because of their drug-induced state. It was wonderful to hear about what everyone is doing for Lent (especially the being nicer to our siblings!) Also terrific sports’ reporting from Tom and Ryan! I think what we all decided to do for Lent is to spend some alone time with Jesus each day...turning off the world and focusing alone on Him and what He is preparing each of us to do. The highest form of prayer is contemplative...where we are so focused on Him and so undistracted by the things of the world ...that we come to know everything He asks of us.



Mercy Center

Empower • Enrich • Educate

Donations needed for the Mercy Center

Bins for Mercy Center donations have once again been placed at both entrances to the church.

Items most urgently needed at this time are the following:

Coffee • Canned fruit • Mayo/mustard • Dried beans

Powdered or shelf stable milk • Rice • Small/medium boxes complete pancake mix/syrup

Granola/fruit bars • Spaghetti/sauce • Ramen noodles • Laundry detergent

Thank you for your generosity.



Confirmation Retreat 2022

Our confirmation class came together for a beautiful and empowering presentation with Colleen Rayner last Wednesday night.

Along with their sponsors, we all enjoyed a night full of prayer, smiles, and laughs. We all were reminded of the power of prayer, the Eucharist as the source and summit and how to put our faith into action! We are all called to be SAINTS!

"Prayer is the best armor we have; it is the key which opens the heart of God."

—St. Padre Pio



Guidelines for making the most of Lenten season

Dear Sisters and Brothers in Christ,

During the days and weeks of penance that lie ahead – from Ash Wednesday, March 2, 2022 until Holy Thursday, April 14, 2022 – the Catholic Church throughout the world commemorates the penitential season of Lent ending with the Sacred Triduum of Holy Week.

The model Jesus gave us for “these forty days” was his own experience in the desert and the temptations that followed him there where he encountered Satan face to face. And yet, Jesus,

there in the desert – alone, fasting and in intense prayer – beat back the devil and triumphed over temptation, as strong and as unrelenting as it was throughout those forty days.

We enter the desert of Lent like Jesus, led by the Holy Spirit, to face our devils, our temptations head on. But we are not alone. The Lord Jesus Christ is with us. And so, too, is the Church, the entire community of faith observing Lent. Here is what the Catholic Church in the United States requires of us as baptized Catholics:

The days of FAST (only one full meal) and ABSTINENCE (no meat) are Ash Wednesday and Good Friday. No dispensations are granted on these solemn days except for reason of sickness or those provided in canon law below. The pastor of a parish has the authority to give a dispensation to individual parishioners in his parish. The Bishop alone has the authority to dispense groups of Catholics but only for a serious reason.

Those who are automatically dispensed from fast and abstinence regulations outside the age limits noted below include: the physically or mentally ill, especially individuals suffering from chronic illnesses such as diabetes. Also included in the dispensation are women who are pregnant or nursing. In all cases, common sense should prevail, and ill persons should not further jeopardize their health by fasting (United States Conference of Catholic Bishops).

Those between the ages of 18 and 59 are obliged to FAST (only one full meal) as above. From the age of 14, people are also obliged to ABSTAIN (no meat: this obligation prohibits the eating of meat, but not eggs, milk products or condiments of any kind, even though made from animal fat).

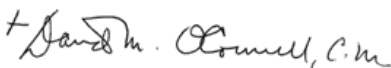
The obligation to observe the laws of fast and abstinence is a serious one for Catholics. Failure to observe one penitential day in itself is not considered a serious sin. It is the intentional failure to observe any penitential days at all, or a substantial number of penitential days, that must be considered a serious matter.

The obligation, the privilege really, of receiving the Eucharist at least once a year – often called “Easter duty” – for those in the state of grace should still be fulfilled during the period from the First Sunday of Lent, March 5-6, 2022 to Trinity Sunday, June 12, 2022. However, the Church’s law does permit this precept to be fulfilled at another time during the year when there is a just cause.

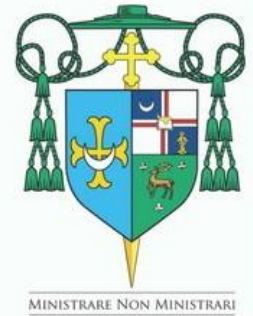
I want to encourage all Catholics, especially those conscious of serious sin, to go to confession and to make use of the sacrifices and traditions that have always been part of our Lenten practices in the Church.

We do, indeed, fast and pray with the Lord Jesus and with our fellow Catholics. May this Lent be a time of penance leading to grace and joy for us all at Easter.

Sincerely yours in Christ,



Most Reverend David M. O’Connell, C.M.
Bishop of Trenton





**UPPER ROOM
Spiritual Center**
A Center for Companioning Others

The Upper Room is a spiritual and educational center rooted in a contemplative and

holistic approach that supports and nourishes the spiritual growth of laity, religious, and clergy. Sponsored by the Diocese of Trenton, the Upper Room serves women and men within and outside the diocese through on-site and outreach programs. The For information on programs, please visit www.theupper-room.org or e-mail: office@theupper-room.org.

Offerings at Francis House of Prayer

Spiritual direction, a one-on-one conversation with a spiritual director about God in your life, is always available. We offer the Spiritual Exercises of St. Ignatius on a monthly and weekly basis, many opportunities to learn and practice contemplative prayer, reading programs on St. John of the Cross and other Carmelite Saints, and contemporary writers such as James Martin, Thomas Keating, Richard Rohr, Thomas Merton and special one-time programs. Trenton Diocesan Spiritual Center and Retreat House 609-877-0509 or FHOP@verizon.net. Please check or click on www.FHOP.org for programs and registration.



ARE YOU A WOMAN RETURNING TO COLLEGE?

Scholarships are available from the Woman's Club of Spring Lake Eligibility for scholarship consideration by The

Woman's Club of Spring Lake is open to female residents of Monmouth County who have had an interruption in their education; who are now seeking an associate's or a bachelor's degree and who are currently enrolled or newly registered at an accredited two or four year institution.

Applications and information are available on the Scholarship Page at:

www.womansclubofspringlake.org

Applications are due April 1, 2022. For information, call Maureen Cooney 732-359-6519.

Northern New Jersey Alcoholics Anonymous provides information on AA as a resource for anyone who thinks they may have drinking problem, as well as to answer any questions that professionals or community members may have about Alcoholics Anonymous. Please visit www.nnjaa.org for more information.

If you are a parishioner who has not been able to attend Mass and would like to have a Eucharistic Minister bring Holy Communion to you, please contact **the Rectory, 732-449-6364 x100.**

While everyone is not yet able to participate in person at Masses, you can watch them online by visiting our parish website: [Saint Mark's Catholic Church – 215 Crescent Pkwy, Sea Girt, New Jersey 08750 \(stmarkseagirt.com\)](http://SaintMark'sCatholicChurch-215CrescentPkwy.SeaGirt.NewJersey08750.stmarkseagirt.com) and click on the Livestream logo or highlight the link below then right click and click open Hyperlink [St. Mark Church Streaming Player](http://St.MarkChurchStreamingPlayer) | Powered by StreamSpot.



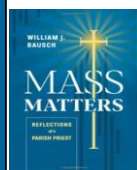
MEALS on WHEELS

MONMOUTH COUNTY

TOGETHER, WE CAN DELIVER.

Homebound seniors can remain comfortably at home with the dignity of independence and the security of having someone visit once a day with a nutritious meal. Also, the warm smile of one of our wonderful volunteers or caring meals-on-wheels drivers is important to them and often serves as a wellness check.

If you would like more information, please call Meals on Wheels 732-502-3277 or Barbara Anderson 848-444-3123.



MASS MATTERS

Fr. Bausch's book "Mass Matters" is on sale in the rectory for \$15. Please call ahead and we will have it ready for you to pick it up! 732-449-6364.

Healing the Wounds of Abortion

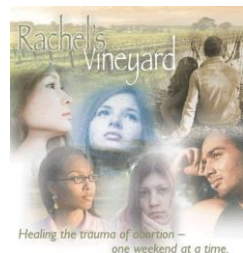
The psychological and spiritual wounds of abortion can be sharp, deep and crippling. You may feel a deep numbness and may not be able to name the pain or recognize any of the symptoms. It can also have a devastating impact on the father or grandparents of the aborted child and friend/s of the mother. You do not have to continue to hide in shame and fear. Rachel's Vineyard's Retreat is a chance to focus on this painful time in your life through a supportive non-judgmental process, in an atmosphere of confidentiality, understanding, and compassion. It is designed to help both women and men experience the mercy and compassion of God.

If you have suffered through an abortion and have isolated yourself from healing and forgiveness, you might consider attending one of our retreat weekends. For more information, contact Judy Warenkiewicz at 732-536-6871. All inquiries are strictly confidential.

2022 Weekend Retreats

May 13-15, 2022

November 11-13, 2022

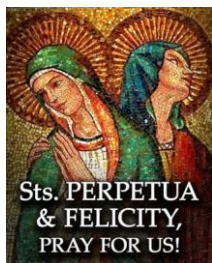


Healing the trauma of abortion — one weekend at a time.

Some Thoughts for March *by Marge Loenser*

March gets its name from the first month of the first Roman calendar--Maritus, after the Roman God Mars. March kind of teases us with flashes of mild weather and sights of crocus piercing the earth. It also frustrates us with its roaring winds and temperamental temperatures. Oh well, it's a bridge to April.

Ash Wednesday was on the second and we, once again, are brought back to our roots-penance and rebirth. Mother Teresa said it succinctly: "No cross, no resurrection." I don't do well fasting from food, so I try to add an extra spiritual reading each day.



On the 7th we celebrate two early martyrs; St. Perpetua and St. Felicity. Both were jailed and ordered to be killed because they were studying to be Christians. While jailed, St. Perpetua was nursing her baby, and her slave woman, Felicity was about to give birth. They were both beheaded, but I believe both the babies were spared. To this day their names are in the first Eucharistic prayer of the Mass. St. Perpetua and St. Felicity please pray for young mothers and babies.

Our dear St. Joseph's feast is on the 19th. He is the patron and protector of the church. Think about this man that Almighty God chose to protect and care for Mary and Jesus. A lot of holy pictures show him as elderly, but he must have been young and very strong. As a worker in stone and wood, he had to be strong and muscular. He faced uncertainty and great challenges with grace; for example when he fled to Egypt with Mary and the baby Jesus, because Herod was on his way to murder baby Jesus. He was a man of great faith and undoubtedly a very devout Jew. Dear St. Joseph please protect us and our families.



Good Ole St. Patrick is celebrated on the 17th. My DNA shows I'm 46 percent Irish. My ancestors hailing from Tipperary. I was blessed to be part of a pilgrimage to Ireland in 2012. We visited all the places St. Patrick stayed. I love the prayers he wrote. I'll share one small part of his

"Breast Prayer" it's his 4th lorica or prayer for protection:

I arise today from the strength of heaven,
Light of the sun,
Splendor of fire,
Speed of lightening,
Swiftness of the wind,
Depth of the sea,
Stability of the earth,
Firmness of the rock. Amen

St. Patrick pray for us. My dear brothers and sisters let us continue praying the rosary each day. If it gets difficult because of the repetition of the prayers, let the prayers be kind of a chanting in the background while you meditate on the mystery in great detail. God bless us each one.

Love,
Marge

Parish Mission Statement: We, the Parish Family of St. Mark's in our quest to follow the Gospel of Jesus Christ, are building a faith-based community that assists all people in life's journey to be open to God's love and to share His joy. We are further committed to address the spiritual, physical, emotional and social needs of all people through service to individuals, families, parish and the greater community. As responsible stewards using our individual gifts, we promise to celebrate, renew and strengthen our faith, and to live our lives as a reflection of Christ's love for others. St. Mark's is designated as a Center for Hispanic Ministry in the Diocese of Trenton.

2022 Lenten Soup for the Soul Series
San Alfonso Retreat House
755 Ocean Ave • Long Branch, NJ • 07740
March 8, 15, 22, 29
6:00 – 8:30 PM
\$25 per Evening, \$80 for all 4

*Looking for some spiritual nourishment this Lent?
 Come to our [Lenten Soup for the Soul Evenings](#) this March!
 Join us for some soup, fellowship, prayer and reflection to feed
 your body, mind, heart, and soul!*

Tuesday, March 8, 2022

Living the Lent You Get

Presenter: Christine Marie Eberle

Tuesday, March 15, 2022

The Slow, Brave Work of Forgiveness

Presenter: Janet Corso

Tuesday, March 22, 2022

*Watch and Pray: A Contemporary Meditation on
 The Way of the Cross*

Presenter: Michelle Sullivan

Tuesday, March 29, 2022

A Lenten Heart for the Cosmos

Presenter: Immacolata Cassetta, CND

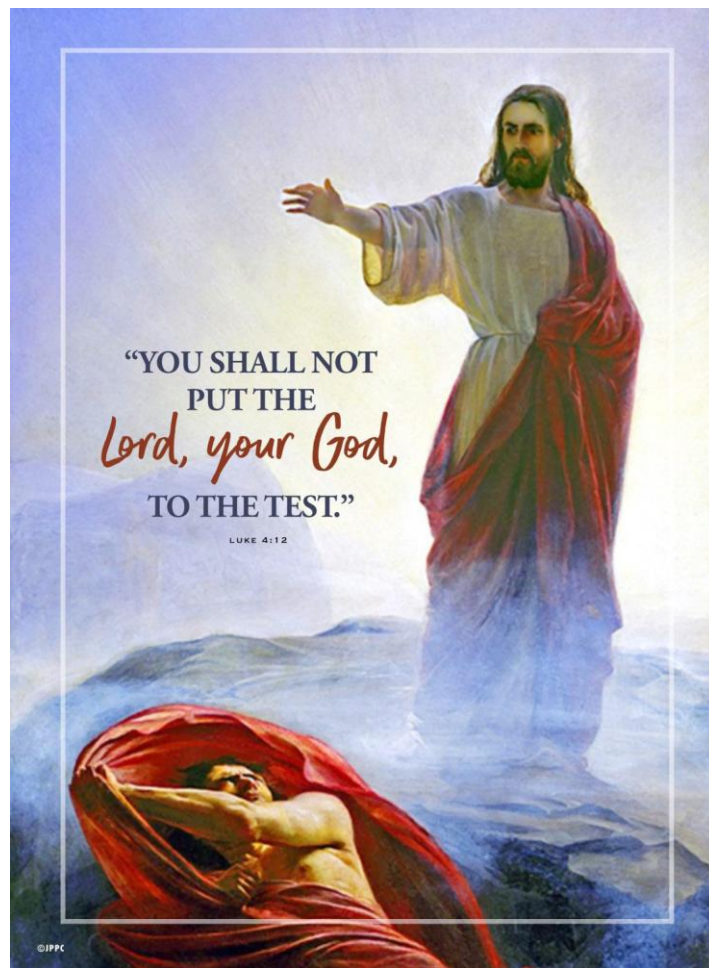
Space is limited; registration is required

To register: e-mail register@sanalfonso retreats.org

Phone: 732-222-2731, X140

To register online or for full program description visit

www.sanalfonso retreats.org



PASTORAL TALKS

Five part lecture series at
St Margaret Church, Ludlow Ave, at 6PM

Q&A/Light Refreshments to Follow at Duffy Hall

March 9 •

Father Chris Dayton
 "The Sacraments,
 Tools of Salvation"

March 16 •

Father Damian
 "To be of One Heart
 with God"

March 23

Father Kevin Ashe
 "Christianity is not
 dead, it's part of our
 DNA"

*These speakers/topics have been changed

March 30

Father Martin
 O'Reilly
 "Eucharistic
 Revival"

April 6

Msgr Richard
 Liddy
 "From Lent
 through Easter
 with John Henry
 Newman"

*"The spring remains more
 important than the stream,
 for the only thing that
 really matters is for love to
 spring up inexhaustibly
 from the infinite abyss of
 Christ and of God"
 - Thomas Merton -*



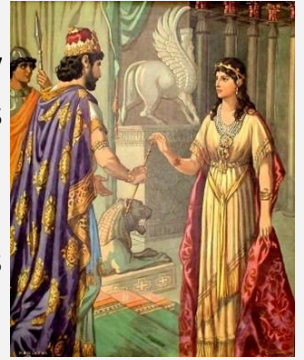
**Make SOULCORE part of your Lenten journey
 this year! Join SOULCORE Leader Cathy Kruse
 at her weekly class at St. Margaret's (Duffy Hall),
 Mondays at 9 AM.**

**SOULCORE is a movement that combines core
 strengthening, stretching & functional exercises with
 the prayers of the rosary; a sensory experience
 combining candlelight, music, scripture, reflections &
 movement to nourish body, mind & soul and encourage
 deeper meditation on the mysteries & virtues of the
 rosary.**

**SOULCORE is an invitation to integrate body & soul
 in prayer, fully orienting the heart & mind toward
 Christ, while discovering the beauty of the rosary. A
 gentle, healing path to grow in virtue, interior peace &
 strength. Visit www.soulcore.com for more information
 Follow Cathy@shore_soulcore.**

Contact her at catsoulcore@gmail.com.

"When Esther's words were reported to Mordecai, he had this reply brought to her: "Do not imagine that because you are in the King's palace, you alone of all the Jews will escape. Even if you now remain silent, relief and deliverance will come to the Jews from another source; but you and your Father's house will perish. Who knows but that it was for a time like this that you obtained the royal dignity." *Esther 4:12-14*



Mary's Child Pro-Life Ministry invites everyone to join us in ...



40 Days for Life

Place: Planned Parenthood in Shrewsbury

Dates: March 2-April 16

Times: Monday-Friday: 8 AM-6 PM

Choose the day and time that works for you (e.g., Mondays 9am – 10am for six weeks)

20,689 babies have been saved so far during this peaceful, prayerful witness!!!!!!!!!!!!!!

To sign up for *Fridays*, contact Jim at meyerjim1953@gmail.com

For other weekdays, contact Monmouth4life@hotmail.com

"Truly I tell you, whatever you did for one of the least of these brothers and sisters of Mine, you did for Me."
Matthew 25:40

It seems safe to conclude that those very few supporters of Jesus who chose to be at His side at Calvary were very frightened that day. For those in our ministry who have committed to spend time at what some call the modern day Calvary where the unborn are also unjustly led to their deaths, there was also a level of fear the first time we did this. You don't know what someone will call you or if someone will threaten you. This is the risk Christians have taken throughout salvation history and that is why we have had so many martyrs (like St. Maximilian Kolbe) and also those like Fr. Damian of Molokai who put himself in harm's way to assist those suffering from leprosy. For those of us who have participated in 40 Days for Life since it began or who have prayed the Rosary and done sidewalk counseling at the abortion clinics since the 1980's, it has truly been a blessing. We could not be there with Him in the desert or at Calvary 2000 years ago...but in prayer, fasting, and seeking out those also rejected and abandoned by this world, we can be there for Him today. Please consider joining us for 40 Days for Life!

The St. Denis Elizabeth Ministry wishes to support you as you live out
God's Plan for your family!



Blessing for
Pregnant Women
-and-
Couples Hoping to
Conceive or Adopt a
Child

**Sunday March 27, 2022
at the 10:00 am Mass**

**“Beach Chapel”, Our Lady Star of the Sea
East Main St. and 3rd Ave., Manasquan**

*A special blessing will be offered
to you and your family along with a
blessed St. Gerard medal and prayer card*

****All are welcome! No RSVP is necessary...Just come!!****

Questions? Contact Rachel at thehendricks7@gmail.com

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Rev. José Fernández-Bangueses,
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Horario de oficina en Español:
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9:00 A.M. - 3:00 P.M.
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Oficina: 732 449-6364 ext. 104

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Diana Zuna Nieves
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Los ángeles de Dios te llevarán en brazos para que no te tropieces con las piedras, podrás pisar los escorpiones y las víboras y dominar las fieras.

Tú eres mi Dios y en ti confío.

“Puesto que tú me conoces y me amas, dice el Señor, yo te libraré y te pondré a salvo.
Cuando tú me invoques, yo te escucharé, y en tus angustias estaré contigo, te libraré de ellas y te colmaré de honores”.

Tú eres mi Dios y en ti confío.

Segunda Lectura: Rom 10, 8-13.

Hermanos: La Escritura afirma: Muy a tu alcance, en tu boca y en tu corazón, se encuentra la salvación, esto es, el asunto de la fe que predicamos. Porque basta que cada uno declare con su boca que Jesús es el Señor y que crea en su corazón que Dios lo resucitó de entre los muertos, para que pueda salvarse. En efecto, hay que creer con el corazón para alcanzar la santidad y declarar con la boca para alcanzar la salvación. Por eso dice la Escritura: Ninguno que crea en él quedará defraudado, porque no existe diferencia entre judío y no judío, ya que uno mismo es el Señor de todos, espléndido con todos los que lo invocan, pues todo el que invoque al Señor como a su Dios, será salvado por él.

Aclamación antes del Evangelio: Mt 4, 4.

R. Honor y gloria a ti, Señor Jesús.

No sólo de pan vive el hombre, sino también de toda palabra

que sale de la boca de Dios.

R. Honor y gloria a ti, Señor Jesús.

Evangelio: Lc 4, 1-13.

En aquel tiempo, Jesús, lleno del Espíritu Santo, regresó del Jordán y conducido por el mismo Espíritu, se internó en el desierto, donde permaneció durante cuarenta días y fue tentado por el demonio. No comió nada en aquellos días, y cuando se completaron, sintió hambre. Entonces el diablo le dijo: “Si eres el Hijo de Dios, dile a esta piedra que se convierta en pan”. Jesús le contestó: “Está escrito: No sólo de pan vive el hombre”. Después lo llevó el diablo a un monte elevado y en un instante le hizo ver todos los reinos de la tierra y le dijo: “A mí me ha sido entregado todo el poder y la gloria de estos reinos, y yo los doy a quien quiero. Todo esto será tuyo, si te arrodillas y me adoras”. Jesús le respondió: “Está escrito: Adorarás al Señor, tu Dios, y a él sólo servirás”. Entonces lo llevó a Jerusalén, lo puso en la parte más alta del templo y le dijo: “Si eres el Hijo de Dios, arrójate desde aquí, porque está escrito: Los ángeles del Señor tienen órdenes de cuidarte y de sostenerte en sus manos, para que tus pies no tropiecen con las piedras”. Pero Jesús le respondió: “También está escrito: No tentarás al Señor, tu Dios”.

Primera Lectura: Dt 26, 4-10.

En aquel tiempo, dijo Moisés al pueblo: “Cuando presentes las primicias de tus cosechas, el sacerdote tomará el cesto de tus manos y lo pondrá ante el altar del Señor, tu Dios. Entonces tú dirás estas palabras ante el Señor, tu Dios: ‘Mi padre fue un arameo errante, que bajó a Egipto y se estableció allí con muy pocas personas; pero luego creció hasta convertirse en una gran nación, potente y numerosa. Los egipcios nos maltrataron, nos oprimieron y nos impusieron una dura esclavitud. Entonces clamamos al Señor, Dios de nuestros padres, y el Señor escuchó nuestra voz, miró nuestra humillación, nuestros trabajos y nuestra angustia. El Señor nos sacó de Egipto con mano poderosa y brazo protector, con un terror muy grande, entre señales y portentos; nos trajo a este país y nos dio esta tierra, que mana leche y miel. Por eso ahora yo traigo aquí las primicias de la tierra que tú, Señor, me has dado’. Una vez que hayas dejado tus primicias ante el Señor, te postrarás ante él para adorarlo”.

Salmo Responsorial: Salmo 90, 1-2. 10-11. 12-13. 14-15.

Tú eres mi Dios y en ti confío.

Tú, que vivas al amparo del Altísimo y descansas a la sombra del todopoderoso, dile al Señor: “Tú eres mi refugio y fortaleza; tú eres mi Dios y en ti confío”.

Tú eres mi Dios y en ti confío.

No te sucederá desgracia alguna, ninguna calamidad caerá sobre tu casa, pues el Señor ha dado a sus ángeles la orden de protegerte a donde quiera que vayas.

Tú eres mi Dios y en ti confío.