# Fourth Sunday in Ordinary Time ~ January 31, 2021



# St. Mark's Catholic Church

Rev. Msgr. Sean P. Flynn, Pastor Rev. José Fernandez-Bangueses, Resident Priest Rev. Bernard N. Mohan (*Wednesday and Friday*) Deacon Michael Keary

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### Fourth Sunday of Ordinary Time

Lectionary: 71 Reading I

### Dt 18:15-20

Moses spoke to all the people, saying:

"A prophet like me will the LORD, your God, raise up for you from among your own kin; to him you shall listen. This is exactly what you requested of the LORD, your God, at Horeb on the day of the assembly, when you said, 'Let us not again hear the voice of the LORD, our God, nor see this great fire any more, lest we die.' And the LORD said to me, 'This was well said.

I will raise up for them a prophet like you from among their kin, and will put my words into his mouth; he shall tell them all that I command him.

Whoever will not listen to my words which he speaks in my name, I myself will make him answer for it. But if a prophet presumes to speak in my name an oracle that I have not commanded him to speak, or speaks in the name of other gods, he shall die."

### Responsorial Psalm Ps 95:1-2, 6-7, 7-9

R. (8) If today you hear his voice, harden not your hearts.

Come, let us sing joyfully to the LORD; let us acclaim the rock of our salvation. Let us come into his presence with thanksgiving; let us joyfully sing psalms to him.

R. If today you hear his voice, harden not your hearts. Come, let us bow down in worship; let us kneel before the LORD who made us. For he is our God, and we are the people he shepherds, the flock he guides.

R. If today you hear his voice, harden not your hearts. Oh, that today you would hear his voice: "Harden not your hearts as at Meribah, as in the day of Massah in the desert, Where your fathers tempted me; they tested me though they had seen my works."

R. If today you hear his voice, harden not your hearts.

### Reading II

### <u>1 Cor 7:32-35</u>

Brothers and sisters:

I should like you to be free of anxieties.

An unmarried man is anxious about the things of the Lord, how he may please the Lord.

But a married man is anxious about the things of the world, how he may please his wife, and he is divided. An unmarried woman or a virgin is anxious about the things of the Lord, so that she may be holy in both body and spirit.

A married woman, on the other hand, is anxious about the things of the world, how she may please her husband. I am telling you this for your own benefit, not to impose a restraint upon you, but for the sake of propriety and adherence to the Lord without distraction.

### Alleluia

### Mt 4:16

R. Alleluia, alleluia.

The people who sit in darkness have seen a great light; on those dwelling in a land overshadowed by death, light has arisen.

R. Alleluia, alleluia.

### Gospel

### <u>Mk 1:21-28</u>

Then they came to Capernaum, and on the sabbath Jesus entered the synagogue and taught.

The people were astonished at his teaching, for he taught them as one having authority and not as the scribes. In their synagogue was a man with an unclean spirit; he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!"

Jesus rebuked him and said, "Quiet! Come out of him!" The unclean spirit convulsed him and with a loud cry

came out of him.

All were amazed and asked one another, "What is this? A new teaching with authority.

He commands even the unclean spirits and they obey him." His fame spread everywhere throughout the whole region of Galilee.



# HEALING



### Readings for the Week January 31, 2021

**Monday**: Heb 11:32-40; Ps 31:20, 21, 22, 23, 24; Mk 5:1-20

**Tuesday**: Mal 3:1-4; Ps 24:7, 8, 9, 10; Heb 2:14-18; Lk 2:22-40 or 22-32

**Wednesday**: Heb 12:4-7, 11-15; Ps 103:1-2, 13-14, 17-18a; Mk 6:1-6

**Thursday**: Heb 12:18-19, 21-24; Ps 48:2-3ab, 3cd-4, 9-11; Mk 6:7-13

Friday: Heb 13:1-8; Ps 27:1, 3, 5, 8b-9abc; Mk 6:14-29 Saturday: Heb 13:15-17, 20-21; Ps 23:1-3a, 3b-4, 5, 6; Mk 6:30-34

**Sunday**: Jb 7:1-4, 6-7; Ps 147:1-2, 3-4, 5-6; 1 Cor 9:16-19, 22-23; Mk 1:29-39



Please join us on Friday's for Adoration immediately after 11:00 AM Mass with Benediction at 1:45 PM. It will also be broadcast on livestream @ stmarkseagirt.com. REALYFOR THE SICK

**Please Note:** New Policy for the Pray for our Sick. Names will remain on the sick list read at mass for 4 weeks and then removed unless the requester calls to remain on the list for another 4 weeks. To ensure the consent of the person whose name appears here, the pastor's policy requires that only they or a family member may request a name be added to this list. Names will remain in the bulletin until the person or family request it be removed.

John Loosen, Benjamin Ohlweiler, Jeremy Pavlick, Lucy Gargano, Christine Frauenheim, Robert MacPherson, Jake Gilbert, Bill Lesniak, Jim Bogan, Ani Slevin, Bruce Bogan, Sr., Cathy Shalloo, Sharon Cox, Lee Cox, Bobbie Woods, Julia Buonocore, Fred Buonocore, Alexandra Gavilanes, Sarah Gallagher, Jimmy Azzollini, Vivian Wilson, Ken Hauck, Dorothy Waugh, Patricia Cavanaugh, Rose Courtney, Grace Philhower, Maria Valdez.

If you are a parishioner who has not been able to attend Mass and would like to have a Eucharistic Minister bring Holy Communion to them, please contact Donna at the rectory, 732-449-6364 x100 or email donna@stmarkseagirt.com.

Eternal Rest grant onto them, O Lord, and let perpetual light shine upon them.

Please remember in your prayers those of our diocese, parish, friends, and family members who have recently died.

† Dr. James Boozan† Eleanor Cernero

May the angels lead you into paradise ... "



**Thank You!** We are so grateful to all those who financially sacrifice each week to support our parish and it's ministries!

We would especially like to thank all of those who faithfully use their weekly parish contribution envelopes and those who give online through the Parish Giving Program.





Date	Intention	Requested by	
Monday, Februar	y 1		
7:30 AM	<sup>†</sup> Deceased Members St. Mark's Holy Name		
11:00 AM	Living & Deceased Members of St. Mark's Altar Ros	Living & Deceased Members of St. Mark's Altar Rosary	
Tuesday, Februar	ry 2		
7:30 AM	† Ann J. Schaedel	Marianne and Jim Sheridan	
11:00 AM	+ Dolores Randazzo	Gerry O'Connor-Greene and Family	
	† Gregorio Santiago	Maria Valdez & Family	
	† Jose Antonio Sarmiento	Family	
Wednesday, Febr	uary 3		
7:30 AM	<sup>†</sup> Maureen Smith	Family	
11:00 AM	† Agnes Morgan	Estate	
	† Louis Occhicone	William Travers	
Thursday, Februa	ary 4		
7:30 AM	<sup>†</sup> Mr. and Mrs. Patrick Butler	Family	
11:00 AM	† Anne Hart	Estate	
	† Vito Sinapoli	Marilyn and Bob Healey	
Friday, February	5		
7:30 AM	† Raymond Salapka	Family	
11:00 AM	† Thomas J. Lavin	Betsy Smith	
Saturday, Februa	ry 6		
7:30 AM	<sup>†</sup> Peter Copeland	Kathleen and Tom Albin	
	Matthew & Christopher White (Special Intention)	White Family	
	+ Robert Dougherty	The Men of TMIY	
4:30 PM	+ John and Libby Orlando	Shirley and Bill Collis	
	† Gregory L. Philpott	Mr. and Mrs. Anthony P. Randazzo, Jr.	
	† Virginia Neilly	Mary Ann Hirsch & Family	
Sunday, February	7 7		
8:00 AM	† Thomas Jappe	John Clasek	
	† Michael Klimczak	Kate Tombs	
10:00 AM	People of the Parish (Special Intention)		
5:00 PM	Private Intention (Special Intention)	Family	
	† Manuel Ruiz	Family	
	<sup>+</sup> Julio Sagastume	Family	

### **Busy Bees in Action!**

Our first grade class presented their project along with a beautiful song "Free as a Bee".

The theme for this project is team work. Just like bees, we are called to be workers in the beehive of the Lord. Indeed, life is much sweeter with Jesus in our lives!

Special thanks to all parents and families who participated in this family gathering!









# **COVID-19 Vaccine Registration**

COVID-19 vaccines are on the way to hospitals and clinics across New Jersey. The State recommends that you pre-register now. Filling out the form should take about 15 minutes, and the information you enter will be kept private with the State of New Jersey.

If you are already eligible, the website will also list the state sites where you can make your appointment to receive the vaccine.

To register for your vaccine visit:

https://covidvaccine.nj.gov

### **Catholic Charities News**

Community Services is Catholic Charities' link to parishes in the Trenton diocese. Serving families in crises, we provide food, mortgage, rent and utilities assistance, temporary housing, counseling, and immigration services. To learn more about Catholic Charities Community Services visit our You Tube presentation. Click on: https://youtu.be/-r8YRyPCIY4 If you know of anyone needing assistance, please contact Catholic Charities at 800-360-7711.

Please Note: At this time, because of Covid 19, we are not accepting clothing, or any personal books, devotionals, religious articles or Rosary beads. In the future we will gladly accept your donations, but at the present time and for the safety of all those concerned, we are asking that these items not be left at the church. Thank you.

### **Bishop's Anniversary Blessing Events**

To ensure that all 2020 anniversary couples are able to receive our bishop's personal blessing for the milestone anniversaries of 1 year, 25 years and 50 or more years, Bishop O'Connell extends his invitation to all couples celebrating their 1st or 2nd, 25th or 26th, or 50th or more anniversary in 2021 to the Bishop's Anniversary Blessing events to be held on Sunday, October 10 for Monmouth County Parishes. Registration will be available in July 2021. Visit https://dioceseoftrenton.org/building-strong -marriages.

LOST: Blue and silver Rosary Beads: If found, please call the Rectory 732-449 6364. Thank you..

## **Annual Blessing of Throats**



In honor of Saint Blaise, celebrated on February 3rd, throats will be blessed at the 7:30 and 11:00 AM Masses and at all Masses next weekend.

### St. Mark's Altar Rosary Society St. Mark's Altar Rosary Society will be



month. We invite those that cannot make it to church, to join us from home in the

recitation of the rosary. In this way we continue to honor our Blessed Mother and follow her directions to continue praying for an end to abortion and all the intentions of her Immaculate Heart.



St. Mark's would like to let our Parishioners know what practices we have in place to protect them during the pandemic so that they can make informed decisions on

whether they feel they would like to attend in person Masses. Social distancing with roped off pews which allows those present to sit at least 6 feet apart, all pews, door handles and railings are sanitized after every Mass daily and during the weekend Masses and Sacraments, sanitizer is at the front and side entrances, bathrooms are cleaned and sanitized on a regular basis, masks must be worn by everyone in the church, the priests and Extraordinary Ministers use hand sanitizer before distributing Communion, Communion is distributed one side at a time to allow for social distance, the windows are open during Mass to help circulate air, collection baskets are placed on the Altar rail rather than the Ushers handling the collection, weekend requirement is entrance thru the front doors for Parishioner count but you may exit thru all doors.

If you have any questions please call the Rectory Office at 732-449-6364.

# A Livestreamed Nightly Reflection for Married Couples



Sunday

Feb. 7 through Saturday, Feb. 13, 2021 7:00 – 8:00 pm each evening Livestreamed Nightly Reflection and Recitation of the Rosary for Married Couples to celebrate National Marriage Week (Feb. 7-13)

Reflections are based on the book by Christopher Ebberwein, The Cana Rosary, A Couple's Prayer The link for livestreaming will be found at <u>www.dioceseoftrenton.org/world-marriage-day-couples</u>, and on Facebook - https://www.facebook.com/dotfamilylife

# "I can do things you cannot;

you can do things I cannot;

# but TOGETHER we can do great things."

St. Mother Teresa of Calcutta

# February 13 & 14, 2021 2021 Annual Catholic Appeal

DIOCESE OF TRENTON 609-403-7197 dioceseoftrenton.org/catholicappeal Your help is needed. Please give what you can.



### **CYO** News

Last Sunday we had our first CYO ZOOM meeting. Connor and Casey were our hosts and did an amazing presentation on the Gospel of Mark Chapter 10 (with slides and all). This was also our first night of "Theology Professor of the Day." We are encouraging all of our CYO members to read a chapter of the Bible and then present it for discussion at our meetings. This Sunday Liam and Joseph will engage us in discussing Genesis 6-7: Noah and the Ark. If you have a family pet, please bring it to this ZOOM meeting. They are very appropriate for this story.

Also last Sunday our 19 members who joined the CYO meeting shared with us something special to them from their homes. Sarah shared rosary beads her Godfather brought home to her from the Vatican; Anthony--a Mets' player figurine; Ava-- an Angel's Wings' candle; Kyle-- a model of the Cruise ship Independence of the Seas which he took on a vacation with his family to see Belize, Mexico and its island Cozumel; Thomas showed us a bull figurine his uncle bought him in Spain; and Matt a piggy bank he painted in first grade. It was wonderful to hear many family stories (and especially of faith) as they shared these treasured items.

February 14th! Valentine's Day Walk for Hunger On **Sunday, February 14th**, at 1 PM, we will be having a service event: **Valentine's Day Walk for Hunger** to benefit local food banks and kitchens and the Missionaries of Charity Sisters' meals for the homeless. We are asking every CYO member to collect \$5 from 5 people(\$25 total) for this event. We are also looking for some generous person to sponsor the cost of the Tee shirts for the participants. The walk will begin at the North End Pavilion in Spring Lake—proceed to 10<sup>th</sup> Avenue in Belmar and back. It will be shortened if it is very cold that day. **(Rain/snow date is February 13th).** Permission slips and masks required. **God bless our wonderful CYO and their families!!!!!!!!** 





### NEED A HAND FEEDING YOUR FAMILY? YOUR NEIGHBORS WANT TO HELP! REQUEST A FREE LASAGNA DELIVERY WITH THESE 5 STEPS:



🖸 @wearelasagnalove 🛛 🖪 @wearelasagnalove 🌐 www.lasagnalove.org

Kris Forcillo is a Manasquan Food Pantry volunteer and a member of St. Denis. She is also a volunteer with a 501c3 organization called <u>Lasagna Love</u>.

What started as a mother and daughter feeding families in her community has grown into a national movement with over 5,000 volunteers across the country all making and delivering home-cooked meals. Our mission is not only to help address the incredible rise in food insecurity among families, but also to provide a simple act of love and kindness during a time full of uncertainty and stress.

### They would love to reach more families in the community!

If you would like to sign up, please follow instructions above. If you do not have internet access, please do not hesitate to contact Kris directly. You can reach her at <u>kforcillo@gmail.com</u> or 732-547-0380.

### Answers to Key Ethical Questions About COVID-19 Vaccines

The development of vaccines to combat the COVID-19 pandemic has received much public attention and raised several ethical questions related to their development and use. This document is intended to provide concise answers to some of those ethical questions as well as links to more in -depth resources. For more information online, please click on the link below.

Answers to Key Ethical Questions About COVID-19 Vaccines.pdf (usccb.org)



#### Iglesia de "San Marcos" Apostolado Hispano Misa Dominical: Domingo 5:00 p.m. Misa de Semana: Martes 6:00 p.m.

Msgr. Sean P. Flynn, Pastor Rev. José Fernandez-Bangueses, Sacerdote Residente josefernandez@stmarkseagirt.com Teléfono: (732) 449-6364 ext. 122. Horario de oficina en Español: Lunes, Miércoles y Viernes 9:00 AM-3:00 PM

Andrea Martinez, Apostolado Hispano liz@stmarkscagirt.com Teléfono: (732) 449-6364 ext. 104.

Fax: (732) 449-1646

Directora del Ministerio de Religión Diana Zuna Nieves diana@stmarkseagirt.com Teléfono: (732) 449-6364 ext. 105

# Cuarto Domingo Ordinario ~ Enero 31, 2021

### Primera Lectura: Deuteronomio 18, 15-20.

En aquellos días, habló Moisés al pueblo, diciendo: "El Señor Dios hará surgir en medio de ustedes, entre sus hermanos, un profeta como yo. A él lo escucharán. Eso es lo que pidieron al Señor, su Dios, cuando estaban reunidos en el monte Horeb: 'No queremos volver a oír la voz del Señor nuestro Dios, ni volver a ver otra vez ese gran fuego; pues no queremos morir'. El Señor me respondió: 'Está bien lo que han dicho. Yo haré surgir en medio de sus hermanos un profeta como tú. Pondré mis palabras en su boca y él dirá lo que le mande yo. A quien no escuche las palabras que él pronuncie en mi nombre, yo le pediré cuentas. Pero el profeta que se atreva a decir en mi nombre lo que yo no le haya mandado, o hable en nombre de otros dioses, será reo de muerte'".

### Salmo Responsorial: 94, 1-2. 6-7. 8-9.

### Señor, que no seamos sordos a tu voz.

Vengan, lancemos vivas al Señor, aclamemos al Dios que nos salva. Acerquémonos a él, llenos de júbilo, y démosle gracias. R.

### Señor, que no seamos sordos a tu voz.

Vengan, y puestos de rodillas, adoremos y bendigamos al Señor, que nos hizo, pues él es nuestro Dios y nosotros, su pueblo; él es nuestro pastor y nosotros, sus ovejas. R.

### Señor, que no seamos sordos a tu voz.

Hagámosle casa al Señor, que nos dice: "No endurezcan su corazón, como el día de la rebelión en el desierto, cuando sus padres dudaron de mí, aunque habían visto mis obras". R.

### Señor, que no seamos sordos a tu voz.

### Segunda Lectura: 1 Corintios 7, 32-35.

Hermanos: Yo quisiera que ustedes vivieran sin preocupaciones. El hombre soltero se preocupa de las cosas del Señor y de cómo agradarle; en cambio, el hombre casado se preocupa de las cosas de esta vida y de cómo agradarle a su esposa, y por eso tiene dividido el corazón. En la misma forma, la mujer que ya no tiene marido y la soltera se preocupan de las cosas del Señor y se pueden dedicar a él en cuerpo y alma. Por el contrario, la mujer casada se preocupa de las cosas de esta vida y de cómo agradarle a su esposo. Les digo todo esto para bien de ustedes. Se lo digo, no para ponerles una trampa, sino para que puedan vivir constantemente y sin distracciones en presencia del Señor, tal como conviene.

### Aclamación antes del Evangelio: Mateo 4, 16.

R. Aleluya, aleluya.

El pueblo que caminaba en tinieblas vio una gran luz. Sobre los que vivían en tierra de sombras una luz resplandeció.

R. Aleluya.

### Evangelio: Marcos 1, 21-28.

En aquel tiempo, se hallaba Jesús a Cafarnaúm y el sábado siguiente fue a la sinagoga y se puso a enseñar. Los oyentes quedaron asombrados de sus palabras, pues enseñaba como quien tiene autoridad y no como los escribas. Había en la sinagoga un hombre poseído por un espíritu inmundo, que se puso a gritar: "¿Qué quieres tú con nosotros, Jesús de Nazaret? ¿Has venido a acabar con nosotros? Ya sé quién eres: el Santo de Dios". Jesús le ordenó: "¡Cállate y sal de él!" El espíritu inmundo, sacudiendo al hombre con violencia y dando un alarido, salió de él. Todos quedaron estupefactos y se preguntaban: "¿Qué es esto? ¿Qué nueva doctrina es ésta? Este hombre tiene autoridad para mandar hasta a los espíritus inmundos y lo obedecen". Y muy pronto se extendió su fama por toda Galilea.

