



Rectory Hours

Monday-Friday 9:00 AM to 3:00 PM

Weekend Masses

Saturday 4:30 PM Sunday 8 AM, 10 AM, and 12 Noon 5PM in Spanish

Daily Masses

Holy Rosary and Divine Mercy Chaplet after Daily Masses

Monday-Friday at 7:30 AM and 11 AM Saturday 7:30 AM Only (No 11 AM Mass) Tuesdays 6 PM Spanish Mass

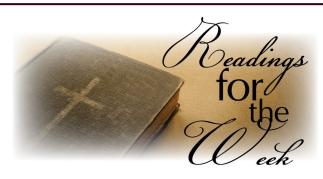
Sacrament of Reconciliation

Saturdays 3:30 PM to 4:15 PM and Thursdays after the 7:30 AM and 11 AM Masses

Devotions and Novenas

Miraculous Medal Novena after daily Masses on Wednesdays Eucharistic Adoration on Fridays after 11 AM Mass. Benediction at 1:45 PM

1st Fridays Spanish Adoration beginning at 7 PM.



January 30, 2022

Monday: 2 Sm 15:13-14, 30; 16:5-13; Ps 3:2-3, 4-5,

6-7; Mk 5:1-20

Tuesday: 2 Sm 18:9-10, 14b, 24-25a, 30–19:3; Ps

86:1-2, 3-4, 5-6; Mk 5:21-43

Wednesday: Mal 3:1-4; Ps 24:7, 8, 9, 10; Heb 2:14-

18; Lk 2:22-40 or Lk 2:22-32

Thursday: 1 Kgs 2:1-4, 10-12; 1 Chr 29:10, 11ab,

11d-12a, 12bcd; Mk 6:7-13

Friday: Sir 47:2-11; Ps 18:31, 47, 50, 51; Mk 6:14-

29

Saturday: 1 Kgs 3:4-13; Ps 119:9, 10, 11, 12, 13,

14; Mk 6:30-34

Sunday: Is 6:1-2a, 3-8; Ps 138:1-2, 2-3, 4-5, 7-8; 1

Cor 15:1-11 or 1 Cor 15:3-8, 11; Lk 5:1-11



Please Note: New Policy for the Pray for our Sick. Names will remain on the sick list read at mass for 4 weeks and then removed unless the requester calls to remain on the list for another 4 weeks. To ensure the consent of the person whose name appears here, the pastor's policy requires that only they or a family member may request a name be added to this list. Names will remain in the bulletin until the person or family request it be removed.

Erik Rofi, Virginia Meehan, Jim & Andrea Trischitta, Mary Jane Lorenzo, Erin Rubas, Dr. William Burns, Robert Czech, Deacon Mike, Janet Thomas, Edward Morea, Rosalie Renda, Alice Healy, Benjamin Ohlweiler, Jeremy Pavlick, Lucy Gargano, Christine Frauenheim, Robert MacPherson, Jake Gilbert, Bill Lesniak, Jim Bogan, Bruce Bogan Sr., Alexandra Gavilanes, Sarah Gallagher, Jimmy Azzollini, Vivian Wilson, Ken Hauck, Dorothy Waugh, Patricia Cavanaugh, Rose Courtney, Grace Philhower, Maria Valdez.

Eternal Rest grant onto them, O Lord, and let perpetual light shine upon them.

Please remember in your prayers those of our diocese, parish, friends, and family members who have recently died.

† Frances Dougherty † Walter O'Brien † Charlene Snyder † Joseph Gilroy

May the angels lead you into paradise...

If you are a parishioner who has not been able to attend Mass and would like to have a Eucharistic Minister bring Holy Communion to you, please contact **the Rectory**, **732 -449-6364 x100**.

Thank You! We are so grateful to all those who financially sacrifice each week to support our parish and it's ministries!



We would especially like to thank all of those who faithfully use their weekly parish contribution envelopes and those who give online through the Parish Giving Program.

January 23, 2022 Collection Total \$8,655.

2021Christmas Collection Total \$57,336.

2021 Christmas Flower Donation Total \$3,690.



Fourth Sunday in Ordinary Time

Lectionary: 72

Reading I <u>Jer 1:4-5, 17-19</u>

The word of the LORD came to me, saying:

Before I formed you in the womb I knew you, before you were born I dedicated you, a prophet to the nations I appointed you.

But do you gird your loins; stand up and tell them all that I command you.

Be not crushed on their account,

as though I would leave you crushed before

them;

for it is I this day

who have made you a fortified city,

a pillar of iron, a wall of brass, against the whole land:

against the whole land: against Judah's kings and princes,

against its priests and people.

They will fight against you but not prevail over you, for I am with you to deliver you, says the

LORD.

Responsorial Psalm

Ps 71:1-2, 3-4, 5-6, 15-17

R. (cf. 15ab) I will sing of your salvation.

In you, O LORD, I take refuge;

let me never be put to shame.

In your justice rescue me, and deliver me;

incline your ear to me, and save me.

R. I will sing of your salvation.

Be my rock of refuge,

a stronghold to give me safety,

for you are my rock and my fortress.

O my God, rescue me from the hand of the wicked.

R. I will sing of your salvation.

For you are my hope, O Lord;

my trust, O God, from my youth.

On you I depend from birth;

from my mother's womb you are my strength.

R. I will sing of your salvation.

My mouth shall declare your justice,

day by day your salvation.

O God, you have taught me from my youth,

and till the present I proclaim your wondrous deeds.

R. I will sing of your salvation.

1 Cor 12:31—13:13

At present I know partially;

then I shall know fully, as I am fully known.

So faith, hope, love remain, these three;

but the greatest of these is love.

1 Cor 12:31—13:13

Brothers and sisters:

Strive eagerly for the greatest spiritual gifts. But I shall show you a still more excellent way.

If I speak in human and angelic tongues, but do not have love,

I am a resounding gong or a clashing cymbal.

And if I have the gift of prophecy,

and comprehend all mysteries and all knowledge;

if I have all faith so as to move mountains,

but do not have love, I am nothing.

If I give away everything I own,

and if I hand my body over so that I may boast,

but do not have love, I gain nothing.

Love is patient, love is kind.

It is not jealous, it is not pompous,

It is not inflated, it is not rude.

it does not seek its own interests,

it is not quick-tempered, it does not brood over injury,

it does not rejoice over wrongdoing

but rejoices with the truth.

It bears all things, believes all things,

hopes all things, endures all things.

Love never fails.

If there are prophecies, they will be brought to nothing;

if tongues, they will cease;

if knowledge, it will be brought to nothing.

For we know partially and we prophesy partially,

but when the perfect comes, the partial will pass away.

When I was a child, I used to talk as a child,

think as a child, reason as a child;

when I became a man, I put aside childish things.

At present we see indistinctly, as in a mirror,

but then face to face.

At present I know partially;

then I shall know fully, as I am fully known.

So faith, hope, love remain, these three;

but the greatest of these is love.

OR:

1 Cor 13:4-13

Brothers and sisters:

Love is patient, love is kind.

It is not jealous, it is not pompous,

it is not inflated, it is not rude.

it does not seek its own interests,

it is not quick-tempered, it does not brood over injury,

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but when the perfect comes, the partial will pass away.

When I was a child, I used to talk as a child, think as a child, reason as a child; when I became a man, I put aside childish things. At present we see indistinctly, as in a mirror, but then face to face.

Alleluia Lk 4:18

R. Alleluia, alleluia.

The Lord sent me to bring glad tidings to the poor, to proclaim liberty to captives.

R. Alleluia, alleluia.

Gospel Lk 4:21-30

Jesus began speaking in the synagogue, saying: "Today this Scripture passage is fulfilled in your hearing." And all spoke highly of him

and were amazed at the gracious words that came from his

They also asked, "Isn't this the son of Joseph?" He said to them, "Surely you will quote me this proverb, 'Physician, cure yourself,' and say,

'Do here in your native place

the things that we heard were done in Capernaum." And he said, "Amen, I say to you,

no prophet is accepted in his own native place. Indeed, I tell you,

there were many widows in Israel in the days of Elijah when the sky was closed for three and a half years and a severe famine spread over the entire land.

It was to none of these that Elijah was sent,

but only to a widow in Zarephath in the land of Sidon.

Again, there were many lepers in Israel during the time of Elisha the prophet;

yet not one of them was cleansed, but only Naaman the Svrian."

When the people in the synagogue heard this, they were all filled with fury.

They rose up, drove him out of the town,

and led him to the brow of the hill

on which their town had been built,

to hurl him down headlong.

But Jesus passed through the midst of them and went away.

Eucharistic Devotion

The importance of Eucharistic Adoration is shown in the fact that the Church has a ritual that regulates it: the Rite of Eucharistic Exposition and Benediction. This is an extension of the adoration of the Blessed Sacrament which occurs in every Mass: "Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb."



Exposition of the Blessed Sacrament flows from the sacrifice of the Mass and serves to deepen our hunger for Communion with Christ and the rest of the Church. The Rite concludes with the ordained minister blessing the faithful with the Blessed Sacrament.

Please join us on Friday's immediately after the 11 AM Mass for Adoration. Benediction begins at 1:45PM. It will also be broadcast on livestream @ stmarkseagirt.com. Come spend some quiet time with the Lord.



Homebound seniors can remain comfortably at home with the dignity of MEALS •• WHEELS independence and the

MONMOUTH COUNTY TOGETHER, WE CAN DELIVER.

security of having someone visit once a day with a

nutritious meal. Also, the warm smile of one of our wonderful volunteers or caring meals-on-wheels drivers is important to them and often serves as a wellness

If you would like more information, please call Meals on Wheels 732-502-3277 or Barbara Anderson 848-444-



Donations needed for the Mercy Center

Bins for Mercy Center donations have once again been placed at both entrances to the church. Items most urgently needed at this time are the following:

> Baby wipes Small bottles/boxes laundry detergent Small jars peanut butter/jelly Canned fruit Cereal Canned chicken/tuna Sliced bread Powdered or shelf stable milk Toilet paper

> > Thank you for your generosity.

† This Week's Mass Intentions

Monday, January 31 7:30 AM

† Agnes Morgan req. by Estate † Dominick DeStefano reg. by Family 11:00 AM

† Antonuzza Bertucci req. by Family † Jerry Keegan req. by Dolores Critchley

Tuesday, February 1 7:30 AM

† Jean Judge req. by Estate Diane Taylor req. by Family 11:00 AM

† Lynn Harvey req. by Lynn Quinlan † Frances Dougherty req. by The Perselay Family

Wednesday, February 2 7:30 AM

† Buonocore & Hoblitzell Families req. by Family 11:00 AM † Lynch & Flarity Family req. by Sara Lynch

Thursday, February 3 7:30 AM

† Dorothy Wright req. by Family 11:00 AM

Maryanne Striano req. by Barbara Lynn & Richard DeGroote Philomena Tortoriello, req. by The Rosa Family

Friday, February 4 7:30 AM

† Mr. and Mrs. Patrick Butler req. by Family 11:00 AM

† Giusseppi Bertucci req. by Family † Ernesto & Angelina Ezrre req. by Andi Parkhill

Saturday, February 5 7:30 AM

† Layton Brinkmeier req. by Lynn Miller Matthew & Christopher White reg. by Family 4:30 PM

† Betty Lou Stypa req. by Saint Mark's Social Concerns Ministry † Pablo Ramirez reg. by Colleen Rivera For an end to Human Trafficking, in memory of Jeane McLoughlin, SSND

Sunday, February 6

8:00 AM

People of the Parish 10:00 AM

† Peter Copeland reg. by Kathleen and Tom Albin † Gerald V. Keegan req. by Todd & Jamie Leonhardt † Matthew Joseph O'Brien req. by St. Mark's Religious Education 12 Noon

† Robert Kowitski reg. by Helen Hopkins † Irene Santangelo req. by Richard and Barbara DeGroote † Patricia Towle reg. by BJ Swetland 5:00 PM

† Jesus Mendoza Rojas req. by Julia Alvarado † Cira Torralva req. by Children

† Etanislao Hurtado Tellez req. by Jose Luis Hurtado





Annual Blessing of the Throats

In honor of Saint Blaise, celebrated on Thursday, February 3rd, throats will be blessed individually at the 7:30 AM and 11:00 AM Masses.

There will be a general blessing of the throats on February 5th and 6th.



Suzanne Geiger, Req. by Donna Bernhardt Patrick & Rita Sheridan, Req. by Mr. & Mrs. William McCabe Charles & Anna McCabe, Reg. by Mr. & Mrs. William McCabe **Rev. Joseph M. Quinlan**, Reg. by Mr. & Mrs. William McCabe **David Vergaretti**, Req. by Mr. & Mrs. William McCabe Patricia McCabe, Req. by Mr. & Mrs. William McCabe Checton & Geiger Families, Req. by Dr. & Mrs. Checton Paul Tortorella, Reg. by Mr. & Mrs. Paul Tortorella Sarah & Gene Shannon, Req. by Mr. & Mrs. Paul Tortorella Pat & Elsie Tortorella, Req. by Mr. & Mrs. Paul Tortorella Susan A. Pisa, Reg. by Mr. & Mrs. Paul Tortorella Edward McGowan, Reg. by Mrs. Mary Ellen McGowan Thomas Donohue, Reg. by Mrs. Mary Ellen McGowan Catherine Donohue, Reg. by Mrs. Mary Ellen McGowan Kathleen Twigg, Req. by Mrs. Mary Ellen McGowan Robert & Eleanor Palmer, Reg. by Mr. & Mrs. Robert Leibman **Robert & Dorothy Leibman,** Reg. by Mr. & Mrs. Robert Leibman **Dorothy Connell** Req. by Mr. & Mrs. Robert Leibman Mary Savino, Reg. by Mr. & Mrs. Leonard Savino Beneddetta Racaniello, Req. by Mr. & Mrs. Leonard Savino Ann Racaniello, Req. by Mr. & Mrs. Leonard Savino Loretta Rehain, Req. by Mr. & Mrs. Leonard Savino Mrs. & Mr. Harold Loreng, Req. by Ms. Kathleen Loreng Agnes & Frank Mulvihill, Req. by Mr. & Mrs. James Mulvihill Ditlow & Marie Schroll, Reg. by Mr. & Mrs. James Mulvihill **Thomas Schroll,** Reg. by Mr. & Mrs. James Mulvihill John & Mary Walters, Req. by Shirley & Bill Collis & Family **James Collis,** Req. by Shirley & Bill Collis & Family Collis/Walters Family, Reg. by Shirley & Bill Collis & Family Boyan /Davitt Families, Req. by Steve & Maureen Ward Heslin/Ward Families, Req. by Steve & Maureen Ward Salvatore & Jennie Maggio, Req. by Xavier & Josephine Maggio Monte & Piccoli Families, Req. by Thomas & Carolyn Monte Harris & Burke Families, Req. by Maureen & Rick Heilmann Heilmann & Ruddy Families, Req. by Maureen & Rick Heilman Feehan & Cademartori Families, Req. by Gary & Pat Cademartori **Robert & Elsie Higgins,** Reg. by Robert & Linda Higgins Robert & Elsie Higgins, Req. by Robert & Linda Higgins Anthony & Theresa Coiro, Req. by Robert & Linda Higgins **Robert & Edna Burke,** Reg. by Sara VanWickle & Family Charles & Betty VanWickle, Reg. by Sara VanWickle & Family **Thomas & Florence Loughran**, Req. by Sara VanWickle & Family Emory C. & Elizabeth A. Smith, Req. by Ms. Betsy Smith Watters & Whelan Families, Req. by Mrs. Bernadette Reiddy **Dunphy Family**, Req. By Mr. & Mrs. Michael Dunphy **Reynolds Family**, Req. By Mr. & Mrs. Michael Dunphy **Jerry Feiker**, Reg. By Mr. & Mrs. Michael Dunphy Donoghue & Langan Families, Req. by Mrs. Mary Lou Donoghue Emory C. & Elizabeth A. Smith, Req. by Betsy Smith John & Theresa Cerchia, Reg. by Mr. & Mrs. Michael Ryan Yolanda & Robert Ryan, Reg. by Mr. & Mrs. Michael Ryan **Anna & Josie**, Reg. by Mr. & Mrs. Michael Ryan Giacomo & Columbia Ricciardi, Req. by Mr. & Mrs. Bernard Ricciardi Anthony & Helen Remiszewski, Reg. by Mr. & Mrs. Bernard Ricciardi **Lorraine Beauvais**, Req. by Mr. & Mrs. Bernard Ricciardi Bryan Patrick Ahern Req. by Mr. & Mrs. Patrick Ahern **James Michael Ahern** Reg. by Mr. & Mrs. Patrick Ahern





The Church of Mother of Mercy

On behalf of the Church of Mother of Mercy Religious Education program, I would like to thank you for your enormous generosity in donating Christmas gifts to the children of our program. Amidst us being in a pandemic, we have met our goal in giving a gift to each child of our program and we could not have done it without your help.

The children, their families and our catechists of the Religious Education Program are so grateful and inspired by your thoughtfulness and generosity!

I am thankful that your parish has been so kind and giving with our community And I pray that god continues to bless your parish, your ministries, and families throughout the new year.

Thank you for your love, support, and kindness.

Sincerely,
Blanca Chiriboga,
The Church of Mother of Mercy
Coordinator of Religious Education





CYO News, by Mary Reilly



Many thanks to CYO senior Kyle Rotante for hosting last Sunday's ZOOM meeting. The topic was Human Trafficking and our featured speaker was my sister Judi Paparozzi who is an internationally recognized expert on human trafficking. Judi teaches college and graduate courses on this subject, and gives talks on it throughout the USA and the world. She also hosts a radio program on Wilmington Catholic Radio called Carolina Catholic.

The most startling thing we learned is that traffickers use our cell phones and social media's various iterations to lure victims into their traps. The business of human trafficking is taking place online and over mobile phones. A big social media danger is geotagging. Smart phones allow geo-tracking as identifying a person's current location by obtaining GPS data from a smart phone or a GPS data device.

It is important for parents to monitor their children's use of computers and cell phones. Social media sites should be kept private and secure. Photos can be easily tracked. Personal information should never be given out on social media.

Katie asked Judi what opportunities her career (as a prosecutor, college professor, radio show host) has given her. Judi said that as a lawyer and teacher she has been able to assist the needlest people in the world—those trafficked, those in prisons and especially the unborn. Ryan asked her why she became a lawyer and she said it was her desire to help those most in need. Her greatest passions are working to help end both human trafficking and abortion.

This is CYO junior Caitlin's outstanding review of Judi's talk:

"From tonight's meeting I learned how dangerous human trafficking is and that we have all been in contact with it some way on our lives. It could even be as simple as eating a chocolate bar that was made by child slaves. There is an app where you can check whether or not your food was made by a slave or not. I also learned that by just having a phone you could easily become a victim of human trafficking. It's very important to make sure all our apps and social media accounts are set at private and never agree to meet up with strangers you met online. You should never post your birthday online. Because traffickers could use that to find you. I also enjoyed learning a lot about Judi's career and it was very inspiring. Overall I took away a lot of information that will be very helpful for now and the future."

Many thanks to all the CYO members who participated. And a special thanks to Judi our guest!!!!!

St. Mark's CYO 2022 Valentine's Day Walk for Hunger



Sunday, February 13th at 1 PM Starting point outside St. Catharine Church Spring Lake

Collect \$5 from 5 people(\$25 total)

All proceeds go to Manasquan Food Pantry, Fulfill, Missionaries of Charity Meals for the Homeless and Jersey Shore Rescue Mission

Permission slips are required.

Contact Mary Reilly at Mary33angels@aol.com to sign up

We hope to see you there!!!!

(If inclement weather is expected, this will be held on Saturday, February 12th).





The Upper Room is a spiritual and educational center rooted in a contemplative and

holistic approach that supports and nourishes the spiritual growth of laity, religious, and clergy. Sponsored by the Diocese of Trenton, the Upper Room serves women and men within and outside the diocese through on-site and outreach programs. The For information on programs, please visit www.theupper-room.org or e-mail: office@theupper-room.org.

Offerings at Francis House of Prayer

Spiritual direction, a one-on-one conversation with a spiritual director about God in your life, is always available. We offer the Spiritual Exercises of St. Ignatius on a monthly and weekly basis, many opportunities to learn and practice contemplative prayer,



reading programs on St. John of the Cross and other Carmelite Saints, and contemporary writers such as James Martin, Thomas Keating, Richard Rohr, Thomas Merton and special one-time programs. Trenton Diocesan Spiritual Center and Retreat House 609-877-0509 or FHOP@verizon.net.

Please check or click on **www.FHOP.org** for programs and registration.



ARE YOU A WOMAN RETURNING TO COLLEGE?

Scholarships are available from the Woman's Club of Spring Lake Eligibility for scholarship consideration by The Woman's Club of Spring Lake is open to

female residents of Monmouth County who have had an interruption in their education; who are now seeking an associate's or a bachelor's degree and who are currently enrolled or newly registered at an accredited two or four year institution.

Applications and information are available on the Scholarship Page at:

www.womansclubofspringlake.org Applications are due April 1, 2022. For information, call Maureen Cooney 732-359-6519.

Northern New Jersey Alcoholics Anonymous provides information on AA as a resource for anyone who thinks they may have drinking problem, as well as to answer any questions that professionals or community members may have about Alcoholics Anonymous. Please visit www.nnjaa.org for more information.



In observance of World Marriage Day (Sunday, February 13, 2022) and National Marriage Week (February 7-14, 2022), the Diocese of Trenton honors all Catholic married couples with a special web resource to enhance their marriage in three important ways: 1) Reconnect with Your Spouse, 2) Make Your Marriage Even Better, and 3) Serve Others in Your Marriage. Find all this and more at www.dioceseoftrenton.org/world-marriage-day-for-couples, and for newly married couples, be sure to visit www.dioceseoftrenton.org/newly-married-resource-page what every couple needs to make their marriage extraordinary! (Part of the BuildingStrongMarriages.org initiative of the Diocese of Trenton)

RETROUVAILLE: REDISCOVER THE LOVE IN YOUR

MARRIAGE - Tens of thousands of couples have healed their marriages through Retrouvaille. If you know anyone who could benefit from this program, please pass this on. Couples learn to build communication skills and to increase intimacy. It provides help for marriage problems, difficulties or crises. The next program begins the weekend of February 11-13, 2022 at the Family Life Center in Malvern, PA. For more information, or to register, visit www.HelpOurMarriage.org or call 215-766-3944 or 800-470-2230. All inquiries are strictly confidential.

MARRIAGE ENCOUNTER— Do you feel lost, alone or bored in your marriage?

Are you frustrated, hurt or angry with your spouse? Are you constantly fighting? Or, do you simply shut down? Have you thought about separation or divorce? Does talking about it only make it worse?

Retrouvaille is a Lifeline to Help Couples Heal and Renew their Marriages. The program consists of a weekend experience for married couples (no group discussions) with six follow-up sessions.

UPCOMING WEEKEND: Feb. 25-27, 2022
TO REGISTER: Call Rich & Annette Colasuonno
732-236-0671 or 732-672-0748 or email:
3024@helpourmarriage.org.

A Worldwide Marriage Encounter Weekend gives you the time and tools to revitalize romance, deepen communication, and nourish the spirituality in your marriage. The next Worldwide Marriage Encounter Weekend will be held February 4–6, 2022. Please apply ASAP as space is limited. For more information visit online at: www.wwme.org.

While everyone is not yet able to participate in person at Masses, you can watch them online by visiting our parish website: Saint Mark's Catholic Church – 215 Crescent Pkwy, Sea Girt, New Jersey 08750 (stmarkseagirt.com) and click on the Livestream logo or highlight the link below then right click and click open Hyperlink St. Mark Church Streaming Player | Powered by StreamSpot.



If you know someone who doesn't have access to the internet and would like a copy of the bulletin, please call the Rectory at 732-449-6364.

Join the St. Joseph's Totus Tuus group for "A Biblical Walk Through The Mass"

All women are invited to explore the scriptural basis for the words, gestures, and rituals of the Mass.

This study by Dr. Edward Sri will lead us to discover all the richness, beauty, and sacredness of the Mass.

Join us in this exploration of the Mass, and deepen your devotion to the Holy Eucharist.

THE STUDY WILL BE HELD ON TUESDAY EVENINGS @ 7PM ON:

Feb. 22, Mar. 1, Mar. 22, Mar 29 & Apr. 5 At St. Joseph Church, Toms River Registration fee: \$10

Reserve your spot for this fascinating study today! If you have any questions, please feel free to contact

Barbara Schellato (732)547-9814 or EMAIL: totustuus.stjoes@gmail.com

"IMAGINE, BELIEVE, ACHIEVE"

"People will forget what you said, people will forget what you did, but people will never forget how you made them feel."

Free Qigong & Tai Chi practice with Melinda Good for any level Most THURSDAYS at 9:00 AM

For more information, text or call Melinda, 707-357-4632 or email: **melindaapplegate@yahoo.com**. (If retyping, the space between melinda and applegate is an underscore.)

On sunny days we will be outside at Spring Lake Park. When the weather is not so nice, we will meet downstairs at St. Mark's Church (I will be there by 8:45 AM.) If you are not sure text or call.

What is Oigong & Tai chi?

It's an ancient practice for health and well-being. Slow easy to learn movements that give the body energy, vitality and relaxes you all at the same time. Some have called it a moving meditation. Calming and restorative. Drop in or call for more info.

WORD OF LIFE January 30, 2022

"Walk with each other. Do not be afraid to embrace God's gift of life. Whatever storms or trials we face, we are not alone. He is with us. "Behold, I am with you always, until the end of the age" (Matthew 28:20)." NABRE © 2010 CCD.

THE MISSION OF MARY'S CHILD MINISTRY is to defend the truth of Jesus Christ. Each human being is a gift from God, made in His image and likeness, worthy of dignity, respect, and protection from conception until natural death. We raise our prayers, concerns, and funds in support of this Truth, and we support organizations that consistently live and value the Gospel of Life. If interested in this ministry, contact the rectory for our parish Pro-Life representative.

FACING UNPLANNED PREGNANCY? Need Help? Contact Birthright @ 800-550-4900 or locally @ 732 747-7600 for assistance with testing, doctors, food, housing, counseling, and other services at little or no charge.

ABORTION ŘEVERSAL – After having taken the first abortion pill (of two), many women wish they had a second chance to save the life of their baby. THEY DO! To find out more, visit www.abortionpillreversal.com

ACTION CENTER -- Please continue to pray for the Supreme Court to thoughtfully reach a favorable decision in the Dobbs Case in support of God's gift of life. Science has confirmed what God has always taught us. The baby in the womb is fully human and fully alive. "Before I formed you in the womb I knew you, and before you were born I consecrated you

Go to www.notaxpayerabortion.com Tell Congress they must not force Americans to subsidize the taking of innocent life. We Oppose any bill, including any appropriations bill, that expands taxpayer funding of abortion. The Hyde Amendment has saved nearly 2.5 million babies and mothers in difficult circumstances from the tragedy of abortion. We urge you, in the strongest possible terms, to ensure that the Hyde Amendment and all similar life-saving appropriations riders remain in place during the 117th Congress and beyond.

VISIT OUR WEBSITES: dioceseoftrenton.org/respect-life-ministry USCCB: respectlife.org

INTERCESSION

For the times we are afraid to welcome life:
May the Lord fill our hearts with confidence in His loving care and provide for every need;
We pray to the Lord:

St. Mark's Bereavement Ministry

Our Bereavement Ministry helps those who are grieving the loss of a loved one during their most difficult times. They meet on Wednesdays at 11 AM at St. Mark's.

Please call Sue Nolan at 718-637-1162 for more information. All are welcome!

Msgr. Sean P. Flynn, Pastor Rev. José Fernandez-Bangueses, Sacerdote Residente

josefernandez@stmarkseagirt.com Teléfono: 732 449-6364 ext. 122

Apostolado Hispano

Horario de oficina en Español: Lunes, Miércoles & Viernes 9:00 A.M. - 3:00 P.M.

spanishministry@stmarkseagirt.com Oficina: 732 449-6364 ext. 104

Fax: 732 449-1646

Directora del Ministerio de Religion Diana Zuna Nieves

diana@stmarkseagirt.com
Teléfono: 732 449-6364 ext. 105



Cuarto Domingo Ordinario Enero 30, 2022

Primera Lectura: Jer 1, 4-5. 17-19.

En tiempo de Josías, el Señor me dirigió estas palabras: "Desde antes de formarte en el seno materno, te conozco; desde antes de que nacieras, te consagré como profeta para las naciones. Cíñete y prepárate; ponte en pie y diles lo que yo te mando. No temas, no titubees delante de ellos, para que yo no te quebrante. Mira: hoy te hago ciudad fortificada, columna de hierro y muralla de bronce, frente a toda esta tierra, así se trate de los reyes de Judá, como de sus jefes, de sus sacerdotes o de la gente del campo. Te harán la guerra, pero no podrán contigo, porque yo estoy a tu lado para salvarte".

Salmo Responsorial: Salmo 70, 1-2. 3-4a. 5-6ab. 15ab y 17.

Señor, tú eres mi esperanza.

Señor, tú eres mi esperanza, que no quede yo jamás defraudado. Tú, que eres justo, ayúdame y defiéndeme; escucha mi oración y ponme a salvo.

Señor, tú eres mi esperanza.

Sé para mí un refugio, ciudad fortificada en que me salves. Y pues eres mi auxilio y mi defensa, líbrame, Señor, de los malvados

Señor, tú eres mi esperanza.

Señor, tú eres mi esperanza; desde mi juventud en ti confío.

Desde que estaba en el seno de mi madre, yo me apoyaba en ti y tú me sostenías

Señor, tú eres mi esperanza.

Yo proclamaré siempre tu justicia y a todas horas, tu misericordia.

Me enseñaste a alabarte desde niño y seguir alabándote es mi orgullo.

Señor, tú eres mi esperanza.

Segunda Lectura: 1 Cor 12, 31-13, 13.

Hermanos: Aspiren a los dones de Dios más excelentes. Voy a mostrarles el camino mejor de todos. Aunque yo hablara las lenguas de los hombres y de los ángeles, si no tengo amor, no soy más que una campana que resuena o unos platillos que aturden. Aunque yo tuviera el don de profecía y penetrara todos los misterios, aunque yo poseyera en grado sublime el don de ciencia y mi fe fuera tan grande como para cambiar de sitio las montañas, si no tengo amor, nada soy. Aunque yo repartiera en limosnas todos mis bienes y aunque me dejara quemar vivo, si no tengo amor, de nada me sirve. El amor es comprensivo, el amor es servicial y no tiene envidia; el amor no es presumido ni se envanece; no es grosero ni egoísta; no se irrita ni guarda rencor; no se alegra con la injusticia, sino que goza con la verdad. El amor disculpa sin límites, confia sin límites, espera sin límites, soporta sin límites. El amor dura por siempre; en cambio, el don de profecía se acabará; el don de lenguas desaparecerá y el don de ciencia dejará de existir, porque nuestros dones de ciencia y de profecía son imperfectos. Pero cuando llegue la consumación, todo lo imperfecto desaparecerá. Cuando yo era niño, hablaba como niño, sentía como niño y pensaba como niño; pero cuando llegué a ser hombre, hice a un lado las cosas de niño. Ahora vemos como en un espejo y oscuramente, pero después será cara a cara. Ahora sólo conozco de una manera imperfecta, pero entonces conoceré a Dios como él me conoce a mí. Ahora tenemos estas tres virtudes: la fe, la esperanza y el amor; pero el amor es la mayor de las tres.

Aclamación antes del Evangelio: Lc 4, 18

R. Aleluya, aleluya.

El Señor me ha enviado para anunciar a los pobres la buena nueva y proclamar la liberación a los cautivos. R. Aleluya.

Evangelio: Lc 4, 21-30.

En aquel tiempo, después de que Jesús leyó en la sinagoga un pasaje del libro de Isaías, dijo: "Hoy mismo se ha cumplido este pasaje de la Escritura que acaban de oír". Todos le daban su aprobación y admiraban la sabiduría de las palabras que salían de sus labios, y se preguntaban: "¿No es éste el hijo de José?" Jesús les dijo: "Seguramente me dirán aquel refrán: 'Médico, cúrate a ti mismo' y haz aquí, en tu propia tierra, todos esos prodigios que hemos oído que has hecho en Cafarnaúm". Y añadió: "Yo les aseguro que nadie es profeta en su tierra. Había ciertamente en Israel muchas viudas en los tiempos de Elías, cuando faltó la lluvia durante tres años y medio, y hubo un hambre terrible en todo el país; sin embargo, a ninguna de ellas fue enviado Elías, sino a una viuda que vivía en Sarepta, ciudad de Sidón. Había muchos leprosos en Israel, en tiempos del profeta Eliseo; sin embargo, ninguno de ellos fue curado, sino Naamán, que era de Siria". Al oír esto, todos los que estaban en la sinagoga se llenaron de ira, y levantándose, lo sacaron de la ciudad y lo llevaron hasta una saliente del monte, sobre el que estaba construida la ciudad, para despeñarlo. Pero él, pasando por en medio de ellos, se alejó de allí.