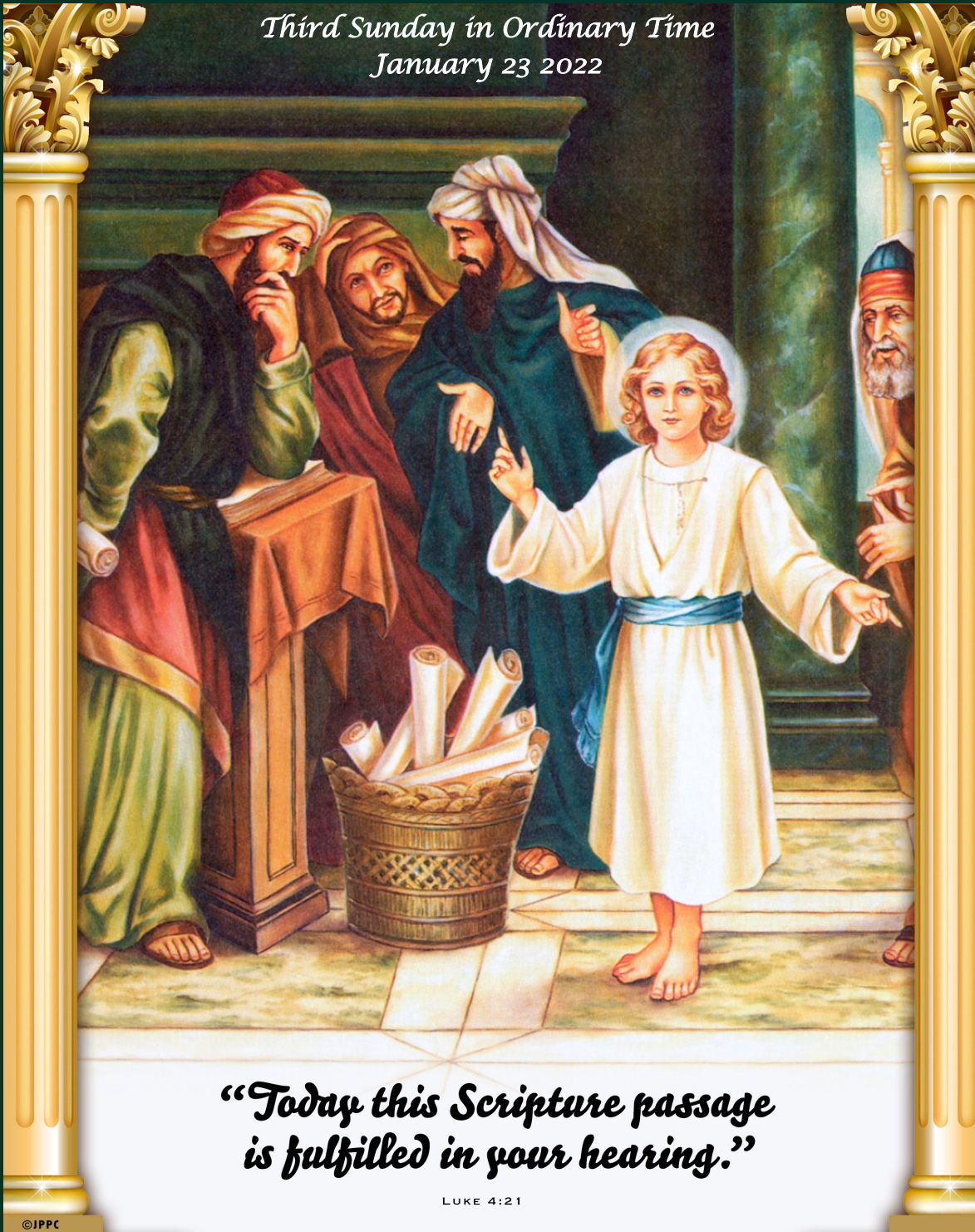


*Third Sunday in Ordinary Time  
January 23 2022*



*“Today this Scripture passage  
is fulfilled in your hearing.”*

LUKE 4:21

©JPPC

## *St. Mark's Catholic Church*

*Rev. Msgr. Sean P. Flynn, Pastor*

*Rev. José Fernandez-Bangueses, Resident Priest*

*Rev. Bernard N. Mohan (Wednesday and Friday)*

*Deacon Michael Keary*

215 Crescent Pkwy, Sea Girt, NJ 08750 • Phone 732-449-6364 • Web: [www.stmarkseagirt.com](http://www.stmarkseagirt.com)



### Third Sunday in Ordinary Time

Lectionary: 69

#### Reading I

**Neh 8:2-4a, 5-6, 8-10**

Ezra the priest brought the law before the assembly, which consisted of men, women, and those children old enough to understand.

Standing at one end of the open place that was before the Water Gate, he read out of the book from daybreak till midday, in the presence of the men, the women, and those children old enough to understand; and all the people listened attentively to the book of the law. Ezra the scribe stood on a wooden platform that had been made for the occasion.

He opened the scroll so that all the people might see it for he was standing higher up than any of the people—;

and, as he opened it, all the people rose. Ezra blessed the LORD, the great God, and all the people, their hands raised high, answered, “Amen, amen!”

Then they bowed down and prostrated themselves before the LORD, their faces to the ground. Ezra read plainly from the book of the law of God, interpreting it so that all could understand what was read. Then Nehemiah, that is, His Excellency, and Ezra the priest-scribe and the Levites who were instructing the people said to all the people:

“Today is holy to the LORD your God.

Do not be sad, and do not weep”—

for all the people were weeping as they heard the words of the law.

He said further: “Go, eat rich foods and drink sweet drinks, and allot portions to those who had nothing prepared; for today is holy to our LORD. Do not be saddened this day, for rejoicing in the LORD must be your strength!”

#### Responsorial Psalm

**Ps 19:8, 9, 10, 15**

R. (cf John 6:63c) Your words, Lord, are Spirit and life. The law of the LORD is perfect, reshaping the soul; The decree of the LORD is trustworthy, giving wisdom to the simple.

R. Your words, Lord, are Spirit and life.

The precepts of the LORD are right, rejoicing the heart; The command of the LORD is clear, enlightening the eye.

R. Your words, Lord, are Spirit and life.

The fear of the LORD is pure, enduring forever; The ordinances of the LORD are true, all of them just.

R. Your words, Lord, are Spirit and life.

Let the words of my mouth and the thought of my heart find favor before you, O LORD, my rock and my redeemer.

R. Your words, Lord, are Spirit and life.

#### Reading II

**1 Cor 12:12-30**

Brothers and sisters:

As a body is one though it has many parts, and all the parts of the body, though many, are one body, so also Christ.

For in one Spirit we were all baptized into one body, whether Jews or Greeks, slaves or free persons, and we were all given to drink of one Spirit.

Now the body is not a single part, but many.

If a foot should say, “Because I am not a hand I do not belong to the body, “it does not for this reason belong any less to the body.

Or if an ear should say, “Because I am not an eye I do not belong to the body, “it does not for this reason belong any less to the body.

If the whole body were an eye, where would the hearing be?

If the whole body were hearing, where would the sense of smell be?

But as it is, God placed the parts, each one of them, in the body as he intended.

If they were all one part, where would the body be?

But as it is, there are many parts, yet one body.

The eye cannot say to the hand, “I do not need you, “nor again the head to the feet, “I do not need you.”

Indeed, the parts of the body that seem to be weaker are all the more necessary, and those parts of the body that we consider less honorable we surround with greater honor, and our less presentable parts are treated with greater propriety, whereas our more presentable parts do not need this.



But God has so constructed the body as to give greater honor to a part that is without it, so that there may be no division in the body, but that the parts may have the same concern for one another.

If one part suffers, all the parts suffer with it; if one part is honored, all the parts share its joy.

Now you are Christ's body, and individually parts of it. Some people God has designated in the church to be, first, apostles; second, prophets; third, teachers; then, mighty deeds; then gifts of healing, assistance, administration, and varieties of tongues.

Are all apostles? Are all prophets? Are all teachers? Do all work mighty deeds? Do all have gifts of healing? Do all speak in tongues? Do all interpret?

OR:

### 1 Cor 12:12-14, 27

Brothers and sisters:

As a body is one though it has many parts, and all the parts of the body, though many, are one body, so also Christ.

For in one Spirit we were all baptized into one body, whether Jews or Greeks, slaves or free persons, and we were all given to drink of one Spirit. Now the body is not a single part, but many. You are Christ's body, and individually parts of it.

Alleluia

Cf. Lk 4:18

R. Alleluia, alleluia.

The Lord sent me to bring glad tidings to the poor, and to proclaim liberty to captives.

R. Alleluia, alleluia.

Gospel

Lk 1:1-4; 4:14-21

Since many have undertaken to compile a narrative of the events that have been fulfilled among us, just as those who were eyewitnesses from the beginning and ministers of the word have handed them down to us, I too have decided, after investigating everything accurately anew, to write it down in an orderly sequence for you, most excellent Theophilus, so that you may realize the certainty of the teachings you have received.

Jesus returned to Galilee in the power of the Spirit, and news of him spread throughout the whole region. He taught in their synagogues and was praised by all.

He came to Nazareth, where he had grown up, and went according to his custom into the synagogue on the Sabbath day.

He stood up to read and was handed a scroll of the prophet Isaiah.

He unrolled the scroll and found the passage where it was written:

*The Spirit of the Lord is upon me, because he has anointed me to bring glad tidings to the poor. He has sent me to proclaim liberty to captives and recovery of sight to the blind, to let the oppressed go free, and to proclaim a year acceptable to the Lord.*

Rolling up the scroll, he handed it back to the attendant and sat down, and the eyes of all in the synagogue looked intently at him.

He said to them, "Today this Scripture passage is fulfilled in your hearing."

### Reading I: Nehemiah 8: 2-4a, 5-6, 8-10

Ezra's reading of the law to the people comprises at least part of the Pentateuch. It is a stern proclamation, which in turn prompts the priests to cheer up the people and urging them to feast.

### Reading II: I Corinthians 12: 12-30

Paul uses the analogy of our bodies to teach how the various bodily organs work together just as varied members of the Christian community unify to make it function as Christ would have it.

### The Gospel: Luke 1: 1-4, 4: 14-21

Luke composes his "orderly account" of the event of Jesus, His life and ministry among us. Jesus as Teacher, a favorite role of His for Luke, speaks in the synagogue of His home town. There He makes a dramatic claim about Himself.

## THE SPIRIT OF THE LORD IS UPON ME

because he has anointed me.

He has sent me to  
bring glad tidings to

the poor, to  
proclaim liberty

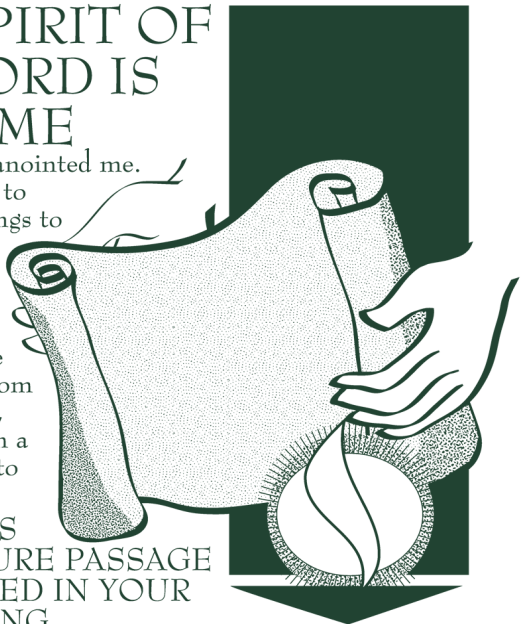
to captives,  
recovery of  
sight to the

blind and freedom  
to the oppressed,

and to proclaim a  
year acceptable to

the Lord.

TODAY THIS  
SCRIPTURE PASSAGE  
IS FULFILLED IN YOUR  
HEARING.



## † This Week's Mass Intentions

### Monday, January 24

**7:30 AM**

† Ann Macenczak by Estate

**11:00 AM**

† Margaret Mary Checton by John and Maria Checton

† Antonio Oliveira by Family

### Tuesday, January 25

**7:30 AM**

† Carol Treger by Estate

**11:00 AM**

† Gordon VanNote by Lynn Miller

† Don Johnston by Pilar Kowitski

### Wednesday, January 26

**7:30 AM**

† Theodore Jasper, M.D. by Kim and Pat Abrahamson

**11:00 AM**

† Heather Whelan by Peggy Whelan

### Thursday, January 27

**7:30 AM**

† Colette Casey by Estate

† Michael Bialas by Don Sabatini

**11:00 AM**

† Antonio Oliveira by The Whelan Family

### Friday, January 28

**7:30 AM**

† Lorette Jordan by Estate

**11:00 AM**

† Eileen Walker by Linda Rosa

### Saturday, January 29

**7:30 AM**

† Thomas Albin Sr. by Kathleen and Tom Albin

**4:30 PM**

† Victor and Ann Musso by Fred and Lissa McGrath

† Mary Ann Yuska by Sara Lynch

† Thomas Quigley by Kathy and Bob Flammer

### Sunday, January 30

**8:00 AM**

† Vincent Marzulli by Tages Family

Mary Bendick by Joseph and Georgeann Donatelli

**10:00 AM**

People of the Parish

**12 Noon**

† Suzanne Smith by Carol Rizzi

† Irene Santangelo by St. Mark's Social Concerns Ministry

† Gerald Keegan by Jim & Kathy Monahan

**5:00 PM**

† Cira Torralba by Family

† Jesus Mendoza Rojas by Julia Alvarado



**Please Note:** New Policy for the Pray for our Sick. Names will remain on the sick list read at mass for 4 weeks and then removed unless the requester calls to remain on the list for another 4 weeks. To ensure the consent of the person whose name appears here, the pastor's policy requires that only they or a family member may request a name be added to this list. Names will remain in the bulletin until the person or family request it be removed.

*Erik Rofi, Virginia Meehan & Erik Rofi, Jim & Andrea Trischitta, Mary Jane Lorenzo, Erin Rubas, Dr. William Burns, Robert Czech, Deacon Mike, Janet Thomas, Edward Morea, Rosalie Renda, Alice Healy, Benjamin Ohlweiler, Jeremy Pavlick, Lucy Gargano, Christine Frauenheim, Robert MacPherson, Jake Gilbert, Bill Lesniak, Jim Bogan, Bruce Bogan, Sr., Alexandra Gavilanes, Sarah Gallagher, Jimmy Azzollini, Vivian Wilson, Ken Hauck, Dorothy Waugh, Patricia Cavanaugh, Rose Courtney, Grace Philhower, Maria Valdez.*

**E**ternal Rest grant onto them, **O** Lord, and let perpetual light shine upon them.

Please remember in your prayers those of our diocese, parish, friends, and family members who have recently died.

† Frances Dougherty

† Walter O'Brien

† Irene Santangelo

† Dennis Maloney

**May the angels lead you into paradise...**

### **St. Mark's Bereavement Ministry**

Our Bereavement Ministry helps those who are grieving the loss of a loved one during their most difficult times. They meet on Wednesdays at 11 AM at St. Mark's.

**Please call Sue Nolan at 718-637-1162 for more information. All are welcome!**

**Thank You!** We are so grateful to all those who financially sacrifice each week to support our parish and it's ministries!



We would especially like to thank all of those who faithfully use their weekly parish contribution envelopes and those who give online through the Parish Giving Program.

**January 16, 2022 collection amount \$8,180.**



# BE NOT *Afraid*

When battered by life's storms, or immersed in a

dense fog of suffering and uncertainty, we may feel alone and unequipped to handle the circumstances. Yet with words that echo through thousands of years into the corners of our hearts, the Lord says to us, "Do not fear: I am with you" (Isaiah 41:10).

He speaks these words not as one who merely observes our pain, but as one who experienced immense suffering. And the very wounds that bear witness to his suffering indicate the essence of our identity and worth: we are loved by God.

Reflecting on the healed wounds of the Risen Christ, we see that even our most difficult trials can be the place where God manifests his victory. He makes all things beautiful. He makes all things new.

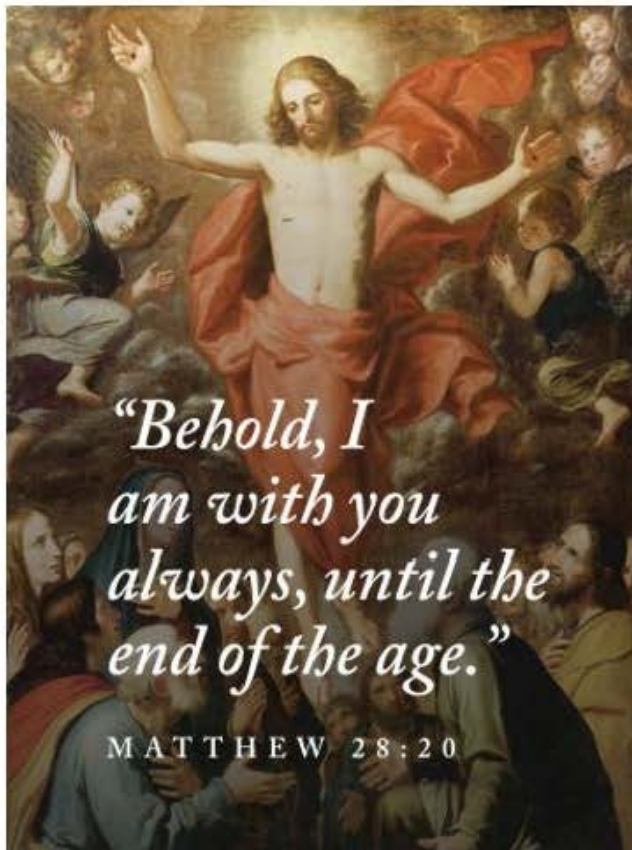
He is *always* with us. Jesus promised this when he gave the disciples the same mission he gives to each of us: Go.

*Go be my hands and feet to a world enslaved by fear. Go to the woman who is unexpectedly pregnant and fears the future. Go to your friend who fears reprisal at work because he takes a stand for the protection of human life. Go to your aging parent in failing health who fears being a burden. And go to others, too, for their support.*

We don't need to have everything figured out. We can simply follow the

guidance of Our Blessed Mother, the first disciple: "Do whatever he tells you" (John 2:5).

Walk with each other. Do not be afraid to embrace God's gift of life. Whatever storms or trials we face, we are not alone. He is with us.



## RESPECT LIFE

Art: Giovanni Bernardino Azzolino, *The Ascension*, early 17<sup>th</sup> century. Courtesy of Restored Traditions. Used with permission.  
NABRE © 2010 CCD. Used with permission. Copyright © 2017, USCCB, Washington, D.C. All rights reserved.

### New Office Hours

Beginning Tuesday, January 4, 2022 the Rectory will be open  
Monday-Friday 9:00 AM to 3:00 PM

### Weekend Masses

Saturday 4:30 PM  
Sunday 8 AM, 10 AM, and 12 Noon  
5PM in Spanish

### Daily Masses

#### Holy Rosary and Divine Mercy Chaplet after Daily Masses

Monday-Friday at 7:30 AM and 11 AM  
Saturday 7:30 AM Only (No 11 AM Mass)  
Tuesdays 6 PM Spanish Mass

### Sacrament of Reconciliation

Saturdays 3:30 PM to 4:15 PM and  
Thursdays after the 7:30 AM and 11 AM Masses

### Devotions and Novenas

Miraculous Medal Novena after daily Masses on Wednesdays

Eucharistic Adoration on Fridays after 11 AM Mass.

Benediction at 1:45 PM

1st Fridays Spanish Adoration beginning at 7 PM.



### The second collection this weekend, January 22/23, 2022 is for the Church in Latin America.

A program of the United States Conference of Catholic Bishops, the collection began 50 years ago as a means of financial support and expression of solidarity between Catholics in the United States with those from Mexico to the Caribbean, to the southern tip of South America.

Funds from the collection will help with Catholic education in Latin America, as well as fostering priestly and religious vocations, said Bishop Octavio Cisneros, auxiliary Bishop of the Diocese of Brooklyn, N.Y., and chair of the USCCB's subcommittee for the Church in Latin America.

The collection will also assist with "the formation of catechists and lay ministers, and initiatives to build stronger marriages and families throughout the region".

## Readings for the Week

January 23, 2022

**Monday:** 2 Sm 5:1-7, 10; Ps 89:20, 21-22, 25-26;  
Mk 3:22-30

**Tuesday:** Acts 22:3-16 or 9:1-22; Ps 117:1bc, 2;  
Mk 16:15-18

**Wednesday:** 2 Tm 1:1-8 or 1:1-5; Ps 96:1-2a, 2b-3, 7-8a, 10;  
Mk 4:1-20

**Thursday:** 2 Sm 7:18-19, 24-29; Ps 132:1-2, 3-5, 11, 12, 13-14;  
Mk 4:21-25

**Friday:** 2 Sm 11:1-4a, 5-10a, 13-17; Ps 51:3-4, 5-6a, 6bcd-7,  
10-11; Mk 4:26-34

**Saturday:** 2 Sm 12:1-7a, 10-17; Ps 51:12-13, 14-15, 16-17;  
Mk 4:35-41

**Sunday:** Jer 1:4-5, 17-19; Ps 71:1-2, 3-4, 5-6, 15-17; 1 Cor  
12:31 — 13:13 or 1 Cor 13:4-13; Lk 4:21-30

If you are a parishioner who has not been able to attend Mass and would like to have a Eucharistic Minister bring Holy Communion to you, please contact the Rectory, 732-449-6364 x100.



**MEALS on WHEELS**

**MONMOUTH COUNTY**

TOGETHER, WE CAN DELIVER.

Homebound seniors can remain comfortably at home with the dignity of independence and the security of having someone visit once a day with a nutritious meal.

Also, the warm smile of one of our wonderful volunteers or caring meals-on-wheels drivers is important to them and often serves as a wellness check.

If you would like more information, please call Meals on Wheels 732-502-3277 or Barbara Anderson 848-444-3123.

# WE ARE the BODY of CHRIST



# 9 DAYS FOR LIFE

PRAY TO PROTECT  
HUMAN LIFE!

**JANUARY 19-27, 2022**

*9 Days for Life* is a novena for the protection of human life. Each day's intention is accompanied by a short reflection and suggested actions to help build a culture of life. Join today at [www.9daysforlife.com](http://www.9daysforlife.com)!

[9 Days for Life: January 19-27, 2022 \(respectlife.org\)](http://www.9daysforlife.com)



**3 WAYS TO JOIN**



**9DaysforLife.com**

Image: A mosaic of Our Lady of Guadalupe decorates a side altar in the Church of Santa Maria della Famiglia at the Vatican, Dec. 13. (CNS photo/Paul Haring.)

## Next Weekend's Minister Schedule

January 29/30, 2022

	Saturday 4:30 PM	Sunday 8:00 AM	Sunday 10:00 AM	Sunday 12 Noon
Readers	Lori Savino	Peggy Hardiman	Robert Cavazini	Bob Cicenja
Eucharistic Ministers	Maria Checton Lynn Jelliff	Pam Zusi Rose Crimmins	Jim Sheridan Marianne Sheridan	Marge Loenser Nancy Schatzman
Ushers	Joe Walsh, Walter Henry, Anthony Granato	Bob O'Neill, Leo Hurley, Pat Ahern, Glenn Skola	Rich Siderko	Jim Mulvihill Howard Flood Richard DeGroote



**St Mark's Altar Rosary Society** will recite the Rosary for Life on **Monday, January 24th after the 11:00 AM Mass.** Monsignor Flynn will be reading meditations. Please join us as we pray for the end of abortion.

**Saint Mark's Rosary Makers** will meet on **Monday, January 24** at 1pm in Fr. Child's Hall (Saint Mark's basement).



*The rosary is a priceless treasure inspired by God.* -Saint Louis De Montfort

**Contact: Maria Checton (732) 245-8405 or [mgchection@gmail.com](mailto:mgchection@gmail.com).**

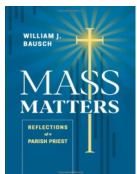
### Eucharistic Devotion

**T**he importance of Eucharistic Adoration is shown in the fact that the Church has a ritual that regulates it: the Rite of Eucharistic Exposition and Benediction. This is an extension of the adoration of the Blessed Sacrament which occurs in every Mass: "Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb." Exposition of the Blessed Sacrament flows from the sacrifice of the Mass and serves to deepen our hunger for Communion with Christ and the rest of the Church. The Rite concludes with the ordained minister blessing the faithful with the Blessed Sacrament.



Please join us on Friday's immediately after the 11 AM Mass for Adoration. Benediction begins at 1:45PM. It will also be broadcast on livestream @ [stmarkseagirt.com](http://stmarkseagirt.com). Come spend some quiet time with the Lord.

### MASS MATTERS



Fr. Bausch's book "Mass Matters" is on sale in the rectory for \$15. Please call ahead and we will have it ready for you to pick it up! 732-449-6364.

### Diocesan Youth Conference



**FULFILLED**  
"the greatest of these is love."  
1 Cor 13:13

**01.29.22**



**NOW VIRTUAL**

Visit **Diocesan Youth Conference - Diocese of Trenton - Lawrenceville, NJ**

Department of Youth and Young Adult Ministries | 609.403.7182





### Reflection by Rev. Leonard N. Peterson

A well-known stage actor commenting on the cast jitters present on the opening night of a new Broadway show would say: "You can cut the tension with a knife." Well, Jesus Our Lord certainly had no such problem as He took His turn at the lectern of the tiny synagogue in Nazareth. The audience at least at the beginning had to have a special enthusiasm for what this "hometown boy who had made good" would say. He read in a confident voice words from great Isaiah. Centuries later we can note that here the very Word of God in person was reading the Word of God in writing.

Luke wants us, his readers, to recognize that this was the opening Day of one very special Man's ministry. Jesus, reverently rolled up the scroll and speaks boldly but calmly, being both resolute and self-assured. Then He drops what I might call a verbal bomb: "Today this Scripture is fulfilled in your hearing."

Our reading ends there. Unless you go to your bible when you get home to discover for yourself, you'll have to wait until next weekend to learn what followed. Spoiler alert: it wasn't pretty. That is because Our Lord cited the fact that Yahweh did not always hold Israel in such high esteem as to neglect other nations. He illustrated for them how good things often came from God to the so-called "lowly ones" instead of the elect.

That brings forth some ways of reacting to truth. Most of the time we find truth enlightening, attractive and beautiful. But every now and then the truth can be inconvenient, especially when it contradicts a common conviction of ours. It then quickly deteriorates into something ugly, unwelcome and enraging. The alcoholic at first denies he or she has a problem with drink. The fashion plate denies that a certain clothing ensemble is unflattering. The professor resents a student's correction. The bishop turns vindictive at a pastor's suggestion that a diocesan policy is flawed. The townspeople of Nazareth resented what Jesus told them. That will happen frequently in other groups Jesus would have to chide. We well know what the power brokers of their day eventually did to silence Him.

All of us at various times can be quite uncomfortable around the truth. Under pressure we reach into our imaginary bag of euphemisms to disguise the matter, or soften its impact. Look how the cancel culture handles matters. In the end, holding back on the truth is a real disservice to others as well as ourselves. Jesus came to serve others, and not Himself.

Sometimes it's good to have a wag around when the discussion gets too heavy-handed. His humor lowers the temperature. One such person opined thus: "The first thing you'll notice in the glove compartment of your new car is a little booklet telling you how to lie about your gas mileage."

God love you and give you His peace!

### WORD OF LIFE

January 23, 2022

"Many people know someone personally who is suffering because of an abortion. If a friend confided in you tomorrow that she had an abortion, would you be able to respond in a way that brings her closer to healing? ... Even a woman who doesn't go to church or think of herself as religious can be afraid that God will never forgive her for having an abortion. She should know that God loves and forgives those who are sorrowful. He wants to comfort them and give them his peace. USCCB Secretariat of Pro-Life Activities "How to Talk to a Friend Who's Had an Abortion".

- **THE MISSION OF MARY'S CHILD MINISTRY** is to defend the truth of Jesus Christ. Each human being is a gift from God, made in His image and likeness, worthy of dignity, respect, and protection from conception until natural death. We raise our prayers, concerns, and funds in support of this Truth, and we support organizations that consistently live and value the Gospel of Life. If interested in this ministry, contact the rectory for our parish Pro-Life representative.
- **FACING UNPLANNED PREGNANCY?** Need Help? Contact Birthright @ 800-550-4900 or locally @ 732 747-7600 for assistance with testing, doctors, food, housing, counseling, and other services at little or no charge.
- **ACTION CENTER** -- Please continue to pray for the Supreme Court to thoughtfully reach a favorable decision in the Dobbs Case in support of God's gift of life. Science has confirmed what God has always taught us. The baby in the womb is fully human and fully alive. **"Before I formed you in the womb I knew you, and before you were born I consecrated you."** Jeremiah 1:5
- **9 DAYS FOR LIFE** is a novena for the protection of human life being held nationally January 19 – 27. Join today at [www.9daysforlife.com](http://www.9daysforlife.com). Help build a culture of life in our country with a short reflection and prayer each day.

**VISIT OUR WEBSITES:** [dioceseoftrenton.org/respect-life-ministry](http://dioceseoftrenton.org/respect-life-ministry) USCCB: [respectlife.org](http://respectlife.org)

### INTERCESSION

For those suffering after abortion:

May they know that the Lord desires to bring healing, and turn to Him for His mercy and peace;

*We pray to the Lord:*

**If you know someone who doesn't have access to the internet and would like a copy of the bulletin, please call the Rectory at 732-449-6364.**

**Due to Covid-19, the Mother-Daughter Tea at St. Denis Parish in Manasquan has been postponed .**

The new date for the event is **Sunday, May 15, 2022 12:30-3:00 PM** hosted by St. Denis Parish. To register or for more details visit <http://www.dioceseoftrenton.org/nfp-info-for-mother-daughter-connection>.



**UPPER ROOM  
Spiritual Center**  
*A Center for Companioning Others*

**The Upper Room** is a spiritual and educational center rooted in a contemplative and

holistic approach that supports and nourishes the spiritual growth of laity, religious, and clergy. Sponsored by the Diocese of Trenton, the Upper Room serves women and men within and outside the diocese through on-site and outreach programs. The For information on programs, please visit [www.theupper-room.org](http://www.theupper-room.org) or e-mail: [office@theupper-room.org](mailto:office@theupper-room.org).

**Offerings at Francis House of Prayer**

Spiritual direction, a one-on-one conversation with a spiritual director about God in your life, is always available. We offer the Spiritual Exercises of St. Ignatius on a monthly and weekly basis, many opportunities to learn and practice contemplative prayer, reading programs on St. John of the Cross and other Carmelite Saints, and contemporary writers such as James Martin, Thomas Keating, Richard Rohr, Thomas Merton and special one-time programs. Trenton Diocesan Spiritual Center and Retreat House 609-877-0509 or [FHOP@verizon.net](mailto:FHOP@verizon.net).

Please check or click on [www.FHOP.org](http://www.FHOP.org) for programs and registration.



**ARE YOU A WOMAN RETURNING TO COLLEGE?**

Scholarships are available from the Woman's Club of Spring Lake Eligibility for scholarship consideration by The Woman's Club of Spring Lake is open to female residents of Monmouth County who have had an interruption in their education; who are now seeking an associate's or a bachelor's degree and who are currently enrolled or newly registered at an accredited two or four year institution.

Applications and information are available on the Scholarship Page at:

[www.womansclubofspringlake.org](http://www.womansclubofspringlake.org)

**Applications are due April 1, 2022. For information, call Maureen Cooney 732-359-6519.**



**World Marriage Day For Couples**

In observance of World Marriage Day (Sunday, February 13, 2022) and National Marriage Week (February 7-14, 2022), the Diocese of Trenton honors all Catholic married couples with a special web resource to enhance their marriage in three important ways: 1) Reconnect with Your Spouse, 2) Make Your Marriage Even Better, and 3) Serve Others in Your Marriage. Find all this and more at [www.dioceseoftrenton.org/world-marriage-day-for-couples](http://www.dioceseoftrenton.org/world-marriage-day-for-couples), and for newly married couples, be sure to visit [www.dioceseoftrenton.org/newly-married-resource-page](http://www.dioceseoftrenton.org/newly-married-resource-page) what every couple needs to make their marriage extraordinary! (Part of the BuildingStrongMarriages.org initiative of the Diocese of Trenton)

**RETROUVAILLE: REDISCOVER THE LOVE IN YOUR MARRIAGE**

- Tens of thousands of couples have healed their marriages through Retrouvaille. If you know anyone who could benefit from this program, please pass this on. Couples learn to build communication skills and to increase intimacy. It provides help for marriage problems, difficulties or crises. The next program begins the weekend of February 11-13, 2022 at the Family Life Center in Malvern, PA. For more information, or to register, visit [www.HelpOurMarriage.org](http://www.HelpOurMarriage.org) or call 215-766-3944 or 800-470-2230. All inquiries are strictly confidential.

**MARRIAGE ENCOUNTER- Do you feel lost, alone or bored in your marriage?**

Are you frustrated, hurt or angry with your spouse? Are you constantly fighting? Or, do you simply shut down? Have you thought about separation or divorce?

Does talking about it only make it worse? Retrouvaille is a Lifeline to Help Couples Heal and Renew their Marriages. The program consists of a weekend experience for married couples (no group discussions) with six follow-up sessions.

**UPCOMING WEEKEND: Feb. 25-27, 2022**

**TO REGISTER: Call Rich & Annette Colasuonno**

**732-236-0671 or 732-672-0748 or email:**

**3024@helpourmarriage.org.**

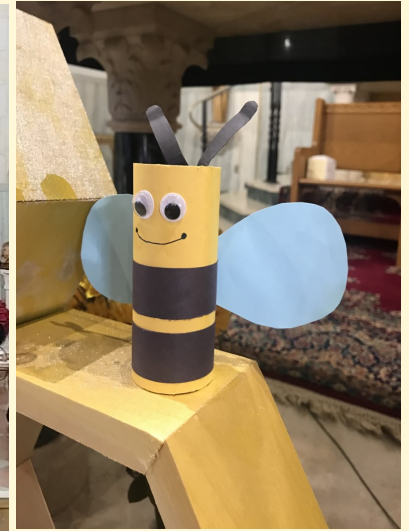
A Worldwide Marriage Encounter Weekend gives you the time and tools to revitalize romance, deepen communication, and nourish the spirituality in your marriage. The next Worldwide Marriage Encounter Weekend will be held February 4-6, 2022. Please apply ASAP as space is limited. For more information visit online at: [www.wwme.org](http://www.wwme.org).



## Free as a Bee First Grade Project & Family Gathering

On January 12, 2022, our first grade class participated in their special grade project "Free as a Bee".

The theme for this project represents freedom and love. For centuries bees, busy as they are known to be, they have a huge impact on people and our planet. Just like bees, our first grade class have been buzzing preparing for their project in class and at home. The Bible calls us to be workers of the Lord. The body of Christ, God's church, is a lot like a beehive. God calls us to be workers in our homes and communities, being "bees" doing our part to make life sweeter for those around us. And no matter what our job is, we are all working as bees in the beehive of the Lord. When we taste the goodness of the Lord, we should share it with the rest of our hive. Bees love to share the good news, and so do our little first graders! As John 8:36 says: "If the Son sets you free, you will be free indeed".





While everyone is not yet able to participate in person at Masses, you can watch them online by visiting our parish website: [Saint Mark's Catholic Church – 215 Crescent Pkwy, Sea Girt, New Jersey 08750 \(stmarkseagirt.com\)](http://stmarkseagirt.com) and click on the Livestream logo or highlight the link below then right click and click open Hyperlink [St. Mark Church Streaming Player | Powered by StreamSpot.](#)



### Join the St. Joseph's Totus Tuus group for "A Biblical Walk Through The Mass"

All women are invited to explore the scriptural basis for the words, gestures, and rituals of the Mass. This study by Dr. Edward Sri will lead us to discover all the richness, beauty, and sacredness of the Mass. Join us in this exploration of the Mass, and deepen your devotion to the Holy Eucharist.

THE STUDY WILL BE HELD ON TUESDAY  
EVENINGS @ 7PM ON:

**Feb. 22, Mar. 1, Mar. 22, Mar 29 & Apr. 5**

At St. Joseph Church, Toms River

Registration fee: \$10

Reserve your spot for this fascinating study today!  
If you have any questions, please feel free to contact

**Barbara Schellato (732)547-9814 or**

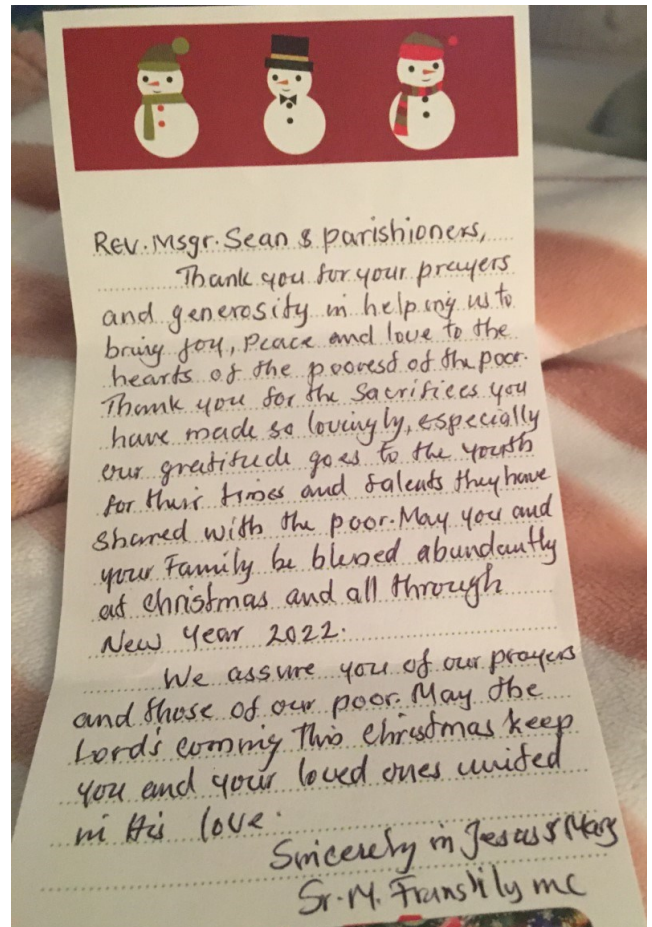
**EMAIL: [totustuus.stjoes@gmail.com](mailto:totustuus.stjoes@gmail.com)**

*"IMAGINE, BELIEVE, ACHIEVE"*

*"People will forget what you said, people will forget what you did, but people will never forget how you made them feel."*

**Parish Mission Statement:** We, the Parish Family of St. Mark's in our quest to follow the Gospel of Jesus Christ, are building a faith-based community that assists all people in life's journey to be open to God's love and to share His joy. We are further committed to address the spiritual, physical, emotional and social needs of all people through service to individuals, families, parish and the greater community. As responsible stewards using our individual gifts, we promise to celebrate, renew and strengthen our faith, and to live our lives as a reflection of Christ's love for others. St. Mark's is designated as a Center for Hispanic Ministry in the Diocese of Trenton.

### Thank you note from the Missionaries of Charity



### Free Qigong & Tai Chi practice with Melinda Good for any level Most THURSDAYS at 9:00 AM

For more information, text or call Melinda, 707-357-4632 or email: [melindaapplegate@yahoo.com](mailto:melindaapplegate@yahoo.com). (If retyping, the space between melinda and applegate is an underscore.)

On sunny days we will be outside at Spring Lake Park. When the weather is not so nice, we will meet downstairs at St. Mark's Church (I will be there by 8:45 AM.) If you are not sure text or call.

#### What is Qigong & Tai chi ?

**It's an ancient practice for health and well-being. Slow easy to learn movements that give the body energy, vitality and relaxes you all at the same time. Some have called it a moving meditation. Calming and restorative. Drop in or call for more info.**

**Northern New Jersey Alcoholics Anonymous** provides information on AA as a resource for anyone who thinks they may have drinking problem, as well as to answer any questions that professionals or community members may have about Alcoholics Anonymous. Please visit [www.nnjaa.org](http://www.nnjaa.org) for more information.



Msgr. Sean P. Flynn, Pastor  
Rev. José Fernandez-Bangueses,  
Sacerdote Residente  
[josefernandez@stmarkseagirt.com](mailto:josefernandez@stmarkseagirt.com)  
Teléfono: 732 449-6364 ext. 122

Apostolado Hispano  
Horario de oficina en Español:  
Lunes, Miércoles & Viernes  
9:00 A.M. - 3:00 P.M.  
[spanishministry@stmarkseagirt.com](mailto:spanishministry@stmarkseagirt.com)  
Oficina: 732 449-6364 ext. 104  
Fax: 732 449-1646

Directora del Ministerio de Religion  
Diana Zuna Nieves  
[diana@stmarkseagirt.com](mailto:diana@stmarkseagirt.com)  
Teléfono: 732 449-6364 ext. 105

### **Tercer Domingo Ordinario Enero 23, 2022**

#### **Primera Lectura: Neh 8, 2-4a. 5-6. 8-10.**

En aquellos días, Esdras, el sacerdote, trajo el libro de la ley ante la asamblea, formada por los hombres, las mujeres y todos los que tenían uso de razón. Era el día primero del mes séptimo, y Esdras leyó desde el amanecer hasta el mediodía, en la plaza que está frente a la puerta del Agua, en presencia de los hombres, las mujeres y todos los que tenían uso de razón. Todo el pueblo estaba atento a la lectura del libro de la ley. Esdras estaba de pie sobre un estrado de madera, levantado para esta ocasión. Esdras abrió el libro a la vista del pueblo, pues estaba en un sitio más alto que todos, y cuando lo abrió, el pueblo entero se puso de pie. Esdras bendijo entonces al Señor, el gran Dios, y todo el pueblo, levantando las manos, respondió: “¡Amén!”, e inclinándose, se postraron rostro en tierra. Los levitas leían el libro de la ley de Dios con claridad y explicaban el sentido, de suerte que el pueblo comprendía la lectura. Entonces Nehemías, el gobernador, Esdras, el sacerdote y escriba, y los levitas que instruían a la gente, dijeron a todo el pueblo: “Éste es un día consagrado al Señor, nuestro Dios. No estén ustedes tristes ni lloren (porque todos lloraban al escuchar las palabras de la ley). Vayan a comer espléndidamente, tomen bebidas dulces y manden algo a los que nada tienen, pues hoy es un día consagrado al Señor, nuestro Dios. No estén tristes, porque celebrar al Señor es nuestra fuerza”.

#### **Salmo Responsorial: Salmo 18, 8. 9. 10. 15.**

#### **Tú tienes, Señor, palabras de vida eterna.**

La ley del Señor es perfecta del todo y reconforta el alma; inmutables son las palabras del Señor y hacen sabio al sencillo.

#### **Tú tienes, Señor, palabras de vida eterna.**

En los mandamientos del Señor hay rectitud y alegría para el corazón; son luz los preceptos del Señor para alumbrar el camino

#### **Tú tienes, Señor, palabras de vida eterna.**

La voluntad de Dios es santa y para siempre estable; los mandamientos del Señor son verdaderos y eternamente justos.

#### **Tú tienes, Señor, palabras de vida eterna.**

Que sean gratas las palabras de mi boca, y los anhelos de mi corazón. Haz, Señor, que siempre te busque, pues eres mi refugio y salvación.

#### **Tú tienes, Señor, palabras de vida eterna.**

#### **Segunda Lectura: 1 Cor 12, 12-14. 27.**

Hermanos: Así como el cuerpo es uno y tiene muchos miembros y todos ellos, a pesar de ser muchos, forman un solo cuerpo, así también es Cristo. Porque todos nosotros, seamos judíos o no judíos, esclavos o libres, hemos sido bautizados en un mismo Espíritu, para formar un solo cuerpo, y a todos se nos ha dado a beber del mismo Espíritu. Ustedes son el cuerpo de Cristo y cada uno es un miembro de él.

#### **Aclamación antes del Evangelio: Lc 4, 18.**

R. Aleluya, aleluya.

El Señor me ha enviado para anunciar a los pobres la buena nueva y proclamar la liberación a los cautivos.

R. Aleluya.

#### **Evangelio: Lc 1, 1-4; 4, 14-21.**

Muchos han tratado de escribir la historia de las cosas que pasaron entre nosotros, tal y como nos las transmitieron los que las vieron desde el principio y que ayudaron en la predicación. Yo también, ilustre Teófilo, después de haberme informado minuciosamente de todo, desde sus principios, pensé escribírtelo por orden, para que veas la verdad de lo que se te ha enseñado. (Después de que Jesús fue tentado por el demonio en el desierto), impulsado por el Espíritu, volvió a Galilea. Iba enseñando en las sinagogas; todos lo alababan y su fama se extendió por toda la región. Fue también a Nazaret, donde se había criado. Entró en la sinagoga, como era su costumbre hacerlo los sábados, y se levantó para hacer la lectura. Se le dio el volumen del profeta Isaías, lo desenrolló y encontró el pasaje en que estaba escrito: El espíritu del Señor está sobre mí, porque me ha ungido para llevar a los pobres la buena nueva, para anunciar la liberación a los cautivos y la curación a los ciegos, para dar libertad a los oprimidos y proclamar el año de gracia del Señor. Enrolló el volumen, lo devolvió al encargado y se sentó. Los ojos de todos los asistentes a la sinagoga estaban fijos en él. Entonces comenzó a hablar, diciendo: “Hoy mismo se ha cumplido este pasaje de la Escritura que acaban de oír”.

## Libres con las Abejas

### Proyecto de Primer Grado y Servicio de Oración

El martes 11 de enero, los niños de primer grado hicieron su presentación "Libres como las Abejas"

El tema de este proyecto es libertad y amor. Las abejas somos llamadas a tener un impacto en nuestra comunidad. La Biblia nos llama a ser obreros del Señor. El cuerpo de Cristo, que es la iglesia de Dios, se parece mucho a una colmena. Dios quiere que seamos trabajadores en nuestros hogares y comunidades, que seamos "libres como abejas" para hacer nuestra parte y hacer la vida más dulce para quienes nos rodean. Y no importa cuál sea nuestro trabajo, todos estamos trabajando como abejas en la colmena del Señor. Cuando probamos la bondad del Señor, debemos compartirla con el resto de nuestra colmena. Las abejas les encantan compartir las buenas noticias, y nuestras pequeñas abejitas del primer grado también.

*Juan 8:36 "Así que, si el Hijo los libera, serán ustedes verdaderamente libres."*

