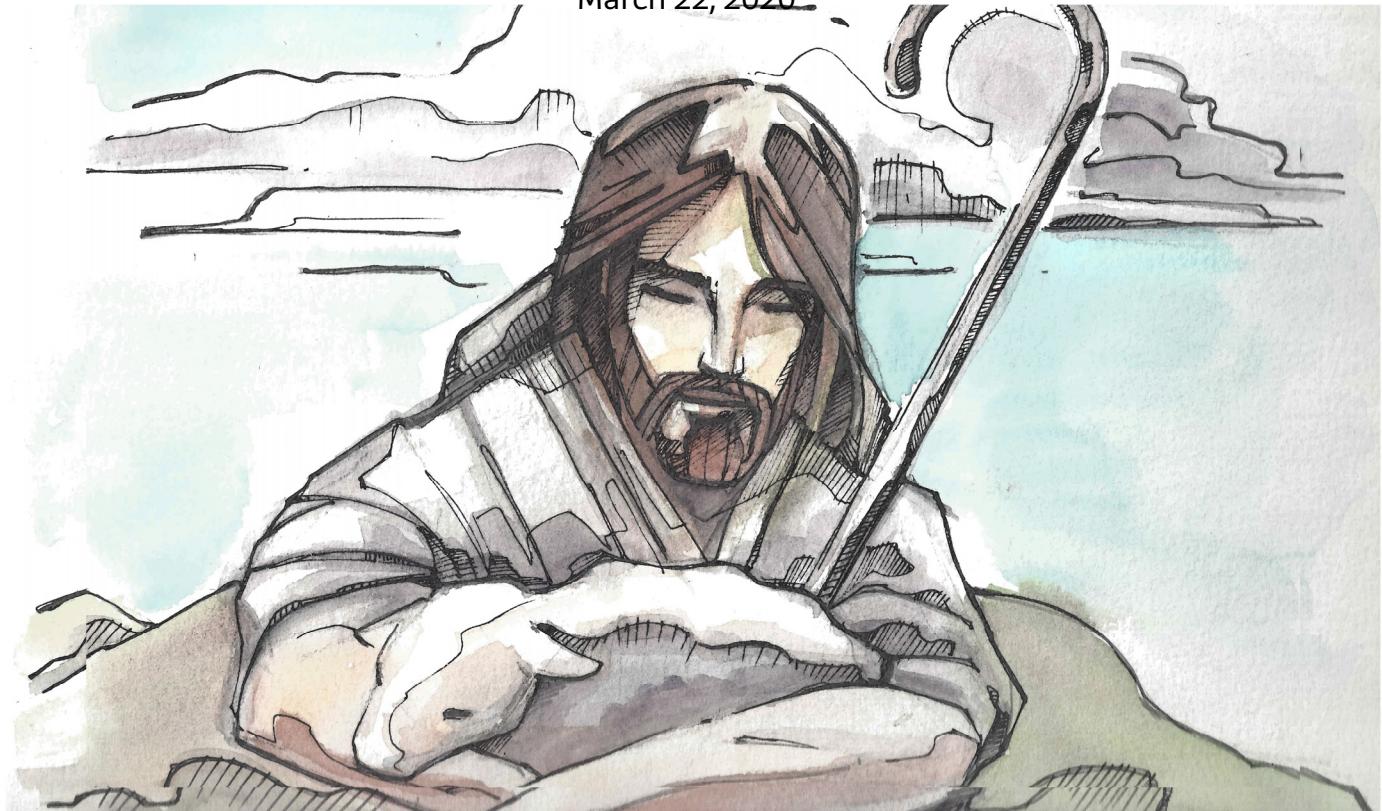
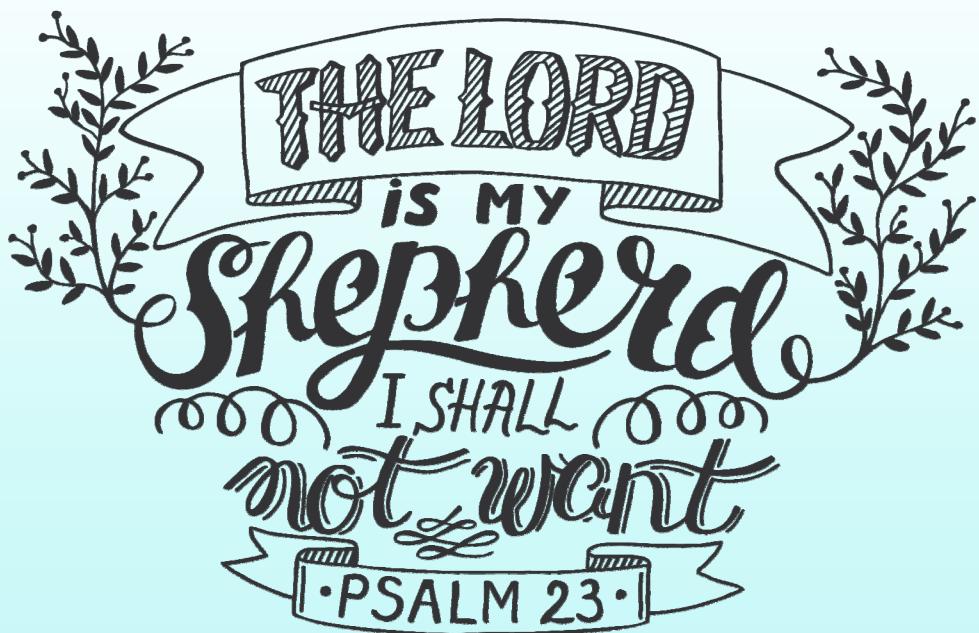


March 22, 2020



Rev. Msgr. Sean P. Flynn, Pastor  
Rev. José Fernandez-Bangueses, Parochial Vicar  
Rev. Bernard N. Mohan (*Wednesday & Friday*)  
Deacon Michael Keary

# St. Mark's Catholic Church



**A Message from Bishop O'Connell On Measures to Mitigate the Spread of COVID-19.**

God has not abandoned us and is present among us. As we learn each day of the growing concern surrounding the spread of the coronavirus in our communities, we need to have faith and confidence in God, especially in times like these, praying that He will see us through the present adversity safely. Mindful of the Lord Jesus' own words in St. Luke's Gospel, "If anyone wishes to come after me, he must deny himself, take up his Cross daily, and follow me" (Luke 9: 23). The coronavirus pandemic has placed such a Cross before us. In response to the latest guidelines from national and state health authorities aimed at stopping the spread of the disease, I have directed the following:

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**MASSES, SACRAMENTS, AND OTHER CHURCH SERVICES**

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All public Masses throughout the Diocese of Trenton will be temporarily suspended through April 3, 2020. That date is subject to change as the coronavirus pandemic evolves.

- Baptism, funerals and weddings may continue based on the judgement of pastors, with the caution that crowds should not exceed 50 persons as mandated by the State of New Jersey.
- Social distancing practices (3-6 feet of space between participants) should be observed for any event inside church spaces.
- Churches should remain open for prayer, private devotion and adoration of the Blessed Sacrament. Pastors are asked to consider Exposition of the Blessed Sacrament during the day. Praying in large groups, however, should be avoided.
- Attention should be paid to the cleanliness of our church facilities.
- Televised or online celebrations of the Mass and other religious programming is available for use by the faithful during this time.
- All scheduled Confirmations in the Diocese will be temporarily postponed until after Easter and will be rescheduled after that time.
- The Sacrament of Penance should remain available according to need, but public Penance Services are not to be conducted.
- The Sacrament of the Anointing of the Sick should also remain available for true emergencies. Hospitals and nursing homes may be on lock-down and priests are advised to check on their status beforehand.

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**SCHOOLS, RELIGIOUS EDUCATION, AND OTHER CLOSURES**

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- All Catholic schools in the Diocese will remain closed as mandated by the State of New Jersey. Directions for academic work have been provided by the Superintendent of Catholic Schools in coordination with Catholic school administrations.
- All religious education programs are suspended with at-home work provided by the local parish leaders where possible.
- The Chancery offices will be closed March 16 through March 23 and staff will work remotely during that time. A limited number of staff will be present in the office on an as-needed basis to provide essential services.
- Pastors should make appropriate judgments regarding parish offices. Other regular parish activities and previously scheduled events should be postponed or canceled.
- Catholic social and charitable outreach programs and services in the Diocese should be adjusted to meet directions mandated by the State of New Jersey.

*(Continued on page 3)*

(Continued from page 2)

The Catholic faithful of the Diocese — priests, religious and lay faithful — are advised to keep informed and updated regarding the progress of the coronavirus pandemic during this national and state emergency. You will find links to national, state and local agencies on our webpage: [dioceseoftrenton.org/coronavirus](http://dioceseoftrenton.org/coronavirus).

We will continue to evaluate new information that could impact these directives and will post regular updates to [dioceseoftrenton.org/coronavirus](http://dioceseoftrenton.org/coronavirus); [TrentonMonitor.com/coronavirus](http://TrentonMonitor.com/coronavirus) and on the Diocese's social media pages.

FINALLY, avoid crowded areas, observe careful hygiene, keep appropriate distances outside the home and if feeling sick, stay at home. I ask that all of the faithful remember the elderly and other persons at risk in their families and communities, and reach out to them by phone to see if help is needed.

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#### A CALL TO PRAYER

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An Act of Spiritual Communion is proposed for the faithful who are temporarily unable to receive the Eucharist:

“My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.”

For a list of streamed or recorded Masses available online, or television stations airing the Sunday Mass, go to [dioceseoftrenton.org/coronavirus](http://dioceseoftrenton.org/coronavirus)

As we all face what has become a grave and growing health risk, it is important for all the Catholic faithful to “persevere in hardship and keep praying regularly” (Romans 12:12).

As Bishop of the Diocese of Trenton, I invite all the Catholic faithful to join with me in prayer:

*O Mary, loving Mother, you always shine on our path as a sign of salvation and of hope. We entrust ourselves to you, who at the Cross took part in Jesus' pain, keeping your faith firm.*

*You, Salvation of Your People, know what we need, and we are sure you will provide so that, as in Cana of Galilee, we may return to joy and to feasting after this time of trial.*

*Help us, Mother of Divine Love, to conform to the will of the Father and to do as we are told by Jesus, who has taken upon himself our sufferings and carried our sorrows to lead us, through the Cross, to the joy of the Resurrection.*

*Be present to all those suffering from coronavirus and to those who care for them: families, friends, neighbors, doctors, nurses, staff, government officials, pastors, priests and all who seek to do God's will. Bring comfort and calm to the elderly, to those at risk and to all who are afraid. Be for us all a beacon of hope, lighting our path once more to the heart of your beloved Son, the Divine Healer and Health of the Sick.*

*Under your protection, we seek refuge, Holy Mother of God. Deliver us from every danger, O glorious and blessed Virgin. Amen.*

## Spiritual Communion While Masses Are Cancelled by LifeSiteNews

Saints down through the ages have recommended this simple practice. *"If we are deprived of Sacramental Communion, let us replace it, as far as we can, by spiritual communion, which we can make every moment; for we ought to have always a burning desire to receive the good God,"* said St. Jean-Marie Vianney. *"Communion is to the soul like blowing a fire that is beginning to go out, but that has still plenty of hot embers; we blow, and the fire burns again,"* he continued. *"After the reception of the Sacraments, when we feel ourselves slacken in the love of God, let us have recourse at once*

*to spiritual communion. When we cannot go to the Church, let us turn towards the tabernacle; no wall cannot separate us from the good God."*

St. Thomas Aquinas described Spiritual Communion as *"an ardent desire to receive Jesus in the Holy Sacrament and a loving embrace as though we had already received Him."*

*"What a source of grace there is in spiritual Communion!"* declared St. Josemaría Escrivá. *"Practice it frequently and you'll have more presence of God and closer union with him in your life."*

*"When you do not receive communion and you do not attend Mass, you can make a spiritual communion, which is a most beneficial practice,"* wrote St. Teresa of Jesus, *"by it the love of God will be greatly impressed on you."*

*Cover art: Jesus, the Good Shepherd, and The Lord is my Shepherd artwork is available at [shutterstock.com](https://shutterstock.com).*

## The Sacrament of Confirmation scheduled for March 24th has been postponed until after Easter.

Last weekend's collection total:  
\$9,398.00

### 4<sup>th</sup> Sunday of Lent

#### 1 SAMUEL 16:1b, 6-7, 10-13a

Then Samuel took the horn of oil, and anointed him in the midst of his brothers; and the Spirit of the LORD came mightily upon David from that day forward.

**PSALMS 23:1-6** The LORD is my shepherd, I shall not want; he makes me lie down in green pastures.

**EPHESIANS 5:8-14** For it is a shame even to speak of the things that they do in secret; but when anything is exposed by the light it becomes visible, for anything that becomes visible is light.

**JOHN 9:1-41** Jesus said, "For judgment I came into this world, that those who do not see may see, and that those who see may become blind."

Please note that Msgr. Flynn will continue Eucharistic Adoration every Friday from 2 PM to 3:45 PM (Benediction). The Sacrament of Reconciliation will be offered on Saturdays from 3:30 PM to 4:30 PM and by appointment. Rectory office is closed to visitors but open for phone calls at 732-449-6364 ext. 100. To call Msgr. Flynn directly, dial ext. 101.

### Prayers for Healing

This list of parishioners, relatives, and friends are in need of your prayers for healing. Note that to ensure the consent of the person whose name appears here, the pastor's policy requires that only they or a family member may request a name be added to this list. Also, if you or a loved one are unable to attend Mass and would like to receive Holy Communion in your home or assisted living, please notify Donna at 732-449-6364 ext. 100.

Benjamin Ohlweiler	Sarah Gallagher	Patricia Cavanaugh
Jeremy Pavlick	George Lister	Marguerite O'Regan
Lucy Gargano	Jimmy Azzollini	Rose Courtney
Julia Buonocore	Vivian Wilson	Grace Philhower
Christine Frauenheim	Ken Hauck	John Barnes
Alexandra Gavilanes	Dorothy Waugh	Virus victims

**Joanne Gibson, Editor Diana Zuna-Nieves, Associate Editor**

Bulletin announcements and columns are due on Mondays before 2 PM except before holidays. Bulletin drafts are submitted to Msgr. Flynn for review. Email submissions to [bulletin@stmarkseagirt.com](mailto:bulletin@stmarkseagirt.com).

Email photos of St. Mark's events to [photos@stmarkseagirt.com](mailto:photos@stmarkseagirt.com).

## CYO News—March 21-22

Dear CYO:

Just as we enter one of the busiest times in our CYO year: Lenten service at the soup kitchen, meeting the 8th grade CCD classes to give a presentation on our CYO program, rehearsing and then presenting on Good Friday the Stations of the Cross, and running the Easter Egg hunts, suddenly we are called to a halt.

Definitely canceled is next Saturday, March 28, service day at the Asbury Park Soup Kitchen. Everything else is up in the air, but there is a chance we will not be able to speak to the 8th graders or run the Easter Egg Hunts.

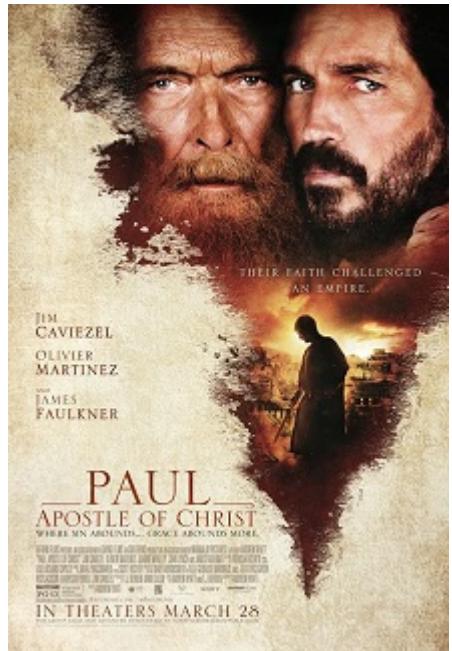
I am hopeful that even if our rehearsals for the Stations have to be moved closer to Good Friday that we will still be able to present them. It is such a powerful presentation each year, but I guess at this point it is all in God's precious hands.

The most important thing to focus on right now is staying healthy in mind, body and spirit. In the movie "Paul the Apostle of Christ," Paul is talking to the prefect (a pagan) at the prison where he is awaiting his execution.

Paul asks him if he has ever been sailing and the prefect says yes. Then Paul says: *"Imagine yourself looking out at the vast sea before you. You reach down and you put a hand into the water and you scoop it up towards you.*

*Immediately the water starts leaking through your fingers until your hand is empty. That water is a man's life. From birth to death it is always slipping through our hands until it is gone. Along with all that you hold dear in this life. And yet the kingdom I speak of...that I live for...is like the rest of the water in the sea. Man lives for that cup of water that slips through his fingers and is gone....but a person who follows Christ lives for that endless expanse of sea."*

The sea on which we now travel is full of turbulence and uncertainty. Yet as Christians we believe that our God of Mercy and Love is in control. All we can do is look to Christ and trust Him in all things. If you get a chance, angels, watch this movie. Its most dominant theme is that "Love is the only way." Based on what I have seen, you all already knew that! God bless all of you always and in all ways. Mrs. Reilly



**2020 Irish Night.** Msgr. Flynn and our CYO teens who helped serve corned beef and cabbage at our 13<sup>th</sup> annual celebration on Saturday, March 7th.

## Iglesia de "San Marcos" Apostolado Hispano

**Msgr. Sean P. Flynn, Pastor  
Rev. José Fernandez-Bangueses,  
Vicario Parroquial  
[josefernandez@stmarkseagirt.com](mailto:josefernandez@stmarkseagirt.com)  
Teléfono: 732-449-6364 ext. 122  
Misa Dominical: Domingo 5 PM**

**Horario de oficina en Español:  
Martes & Jueves 9 AM-3 PM  
Elizabeth Perez, Apostolado Hispano  
[liz@stmarkseagirt.com](mailto:liz@stmarkseagirt.com)  
Teléfono: 732-449-6364 ext. 104  
Fax: 732-449-1646**

**Directora del Ministerio de Religión  
Diana Zuna-Nieves  
Teléfono: 732-449-6364 ext. 105  
[diana@stmarkseagirt.com](mailto:diana@stmarkseagirt.com)**

### Cuarto Domingo de Cuaresma

**PRIMERA LECTURA:** 1 Samuel 16, 1b. 6-7. 10-13a. El Señor envió a Samuel a la casa de Jesé para que ungiera al nuevo rey de Israel. Después de que Jesé presentó a todos sus hijos, el Señor le dijo a Samuel que ungiera a David, quien desde entonces recibió el Espíritu del Señor.

**SALMO RESPONSORIAL:** Salmo 22, 1-3a. 3b-4. 5. 6. El Señor es mi pastor, nada me falta.

**SEGUNDA LECTURA:** Efesios 5, 8-14. Los hijos de Dios son luz en el Señor. Deben vivir en la bondad, la justicia y la verdad.

**EVANGELIO:** Juan 9, 1-41. Jesús sanó al ciego. Jesús, "la luz del mundo", dijo que los ciegos verán, pero aquellos que continúen en la ceguera espiritual, se quedarán en la oscuridad.

**23 Lunes:** Memoria opcional de san Toribio de Mogrovejo, obispo. Is 65:17-21; Sal 29:2, 4, 5-6, 11-12a y 13b; Jn 4:43-54.

**24 Martes:** San Óscar Arnulfo Romero y Galdámez. Día Internacional del Derecho a la Verdad en relación con Violaciones. Graves de los

Derechos Humanos y de la Dignidad de las Víctimas. Ez 47: 1-9, 12; Sal 45:2-3, 5-6, 8-9; Jn 5:1-16.

**25 Miércoles:** Solemnidad de la Anunciación del Señor. Is 7:10-14; 8:10; Sal 39:7-8a, 8b-9, 10, 11; Heb 10:4-10; Lc 1:26-38.

**26 Jueves:** Ex 32:7-14; Sal 105: 19-20, 21-22, 23; Jn 5:31-47.

**27 Viernes:** Sab 2:1, 12-22; Sal 33:17-18, 19-20, 21 y 23; Jn 7:1-2, 10, 25-30.

**28 Sábado:** Jer 11:18-20; Sal 7:2-3, 9bc-10, 11-12; Jn 7:40-53.

## El *Sacramento de la Confirmación (8th grado) el 24 de marzo* *se ha pospuesto hasta después de Pascua.*

### Un mensaje del Obispo O'Connell sobre las medidas para mitigar la propagación de COVID-19

Queridas familias,

Dios no nos ha abandonado y está presente entre nosotros. A medida que aprendemos cada día de la creciente preocupación que rodea la propagación del coronavirus en nuestras comunidades, tenemos que tener fe y confianza en Dios, especialmente en tiempos como estos, la oración que Él nos verá a través de la adversidad presente de forma segura. Consciente de las propias palabras del Señor Jesús en el Evangelio de San Lucas:

'Si alguno quiere venir en pos de mí, niéguese a sí mismo, tome su cruz cada día, y sígame (Lucas 9: 23)', la pandemia del coronavirus ha colocado por ejemplo una cruz, ante nosotros.

En respuesta a las últimas prácticas de distanciamiento social (3-6 pies de espacio entre los participantes) deben ser observados para cualquier evento dentro de los espacios de la iglesia.

### MISAS, SACRAMENTOS Y OTROS SERVICIOS DE LA IGLESIA

- Todas las misas públicas: diarias, de sábado y domingo en Ingles y Español en toda la Diócesis de Trenton serán suspendidos temporalmente hasta el 3 de abril de 2020. Esa fecha está sujeta a cambios a medida que evoluciona la pandemia de coronavirus.
- Bautismo, funerales y bodas pueden continúan basado en el juicio de los pastores, con la advertencia de que las multitudes no deben exceder las 50 personas a lo dispuesto por el Estado de Nueva Jersey.
- Prácticas de distanciamiento social (3-6 pies de espacio entre los participantes) deben ser observados para cualquier evento dentro de los espacios de la iglesia

- Las Iglesias deben permanecer abiertos para la oración, la devoción privada y la adoración del Santísimo Sacramento.
- Se les pide a los pastores a considerar la exposición del Santísimo Sacramento durante el día. El orar en grupos grandes, sin embargo, debe ser evitado.
- Se debe prestar atención a la limpieza de las instalaciones de la iglesia.
- Celebraciones por televisión o en línea de la misa y otra programación religiosa están disponibles para uso de los fieles durante este tiempo.
- Todas las confirmaciones programadas en la Diócesis serán pospuestas temporalmente hasta después de Pascua y será re-programado después de ese tiempo.
- El Sacramento de la Penitencia/Confesión debe permanecer disponible según las necesidades, pero los servicios de penitencia pública no se lleven a cabo.
- El Sacramento de la unción de los enfermos también debe estar disponible para verdaderas emergencias. Hospitales y asilos de ancianos pueden ser de bloqueo hacia abajo y se les recomienda sacerdotes para comprobar su estado de antemano.

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#### ESCUELAS, MINISTERIO DE RELIGION, y demás dispositivos de cierre

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- Todas las escuelas católicas de la Diócesis permanecerán cerradas a lo dispuesto por el Estado de Nueva Jersey.
- Instrucciones de trabajo académico han sido proporcionados por el Superintendente de Escuelas Católicas en coordinación con las administraciones de las escuelas católicas.
- Todos los programas de Educación Religiosa se suspenden con el trabajo en el hogar por parte de los líderes de las parroquias locales siempre que sea posible.
- Las oficinas de la Cancillería serán cerradas de marzo hasta el 23 de marzo y el personal trabajará de forma remota durante ese tiempo.
- Un número limitado de personal estará presente en la oficina sobre una base como-necesaria para proporcionar servicios esenciales.
- Los pastores deben hacer juicios apropiadas con respecto a las oficinas parroquiales. Otras actividades de la parroquia regulares y eventos programados previamente deben posponerse o cancelarse.
- Programas de alcance social y de caridades católicas y servicios en la Diócesis deben ajustarse para satisfacer las direcciones encargados por el Estado de Nueva Jersey.

Los fieles católicos de la Diócesis, sacerdotes, religiosos y fieles laicos, es aconsejable mantener informados y actualizados sobre la marcha de la pandemia del coronavirus durante esta emergencia nacional y estatal. Encontrará enlaces a las agencias nacionales, estatales y locales en nuestra página web: [dioceseoftrenton.org/coronavirus](http://dioceseoftrenton.org/coronavirus).

Vamos a seguir para evaluar la nueva información que podría afectar estas directivas y publicarán actualizaciones regulares a [dioceseoftrenton.org/coronavirus](http://dioceseoftrenton.org/coronavirus); [TrentonMonitor.com/coronavirus](http://TrentonMonitor.com/coronavirus) y en las páginas de medios sociales de la Diócesis.

Finalmente, evite las zonas llenas, observar la higiene cuidadosa, mantener las distancias adecuadas fuera del hogar y si ya se siente enfermo, quedese en casa. Pido que todos los fieles recuerden los ancianos y otras personas en situación de riesgo en sus familias y comunidades, y llegar a ellos por teléfono para ver si se necesita ayuda.

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#### UNA LLAMADA A LA ORACIÓN

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Una ley de la comunión espiritual, se propone a los fieles que están temporalmente incapaz de recibir la Eucaristía:

*"Mi Jesús, yo creo que estás presente en el Santísimo Sacramento. Te amo sobre todas las cosas, y deseo reciberte en mi alma. Ya que no puedo en este momento reciberte sacramentalmente, ven al menos espiritualmente a mi corazón. Te abrazo como si ya estuviera allí y me uno totalmente a Ti. Nunca permita que yo sea separado de ti. Amén."*

Para una lista de streaming o masas disponibles en línea, o estaciones de televisión a transmitirse la misa dominical registró, ir a [dioceseoftrenton.org/coronavirus](http://dioceseoftrenton.org/coronavirus).

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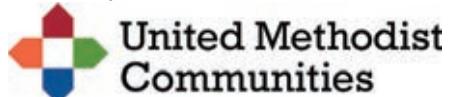
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## #WHATSMYNAME

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